



Principal's Report – Friday 7th November

Year 8 Camp

A huge thank you to **Mrs Dart, Mr Jarrad, and Mr Webb** for their support in running the **Year 8 Camp to Apollo Bay** this week. Students enjoyed an adventurous four days filled with **surfing, fishing, kayaking, spotting glowworms**, and even some **rainy bushwalks** — all adding to the challenge and fun. It was fantastic to see students pushing themselves, working as a team, and making memories that will last well beyond the camp. We look forward to welcoming them back later today.





State Athletic Championships

Following on from his fantastic **2nd place Triple Jump finish at the GWR Track and Field Championships** in Ballarat last month, **Hartley Grimes** represented our school at the **State Primary School Track and Field Championships** in Melbourne on Thursday.

Competing at **Lakeside Stadium**, Hartley performed brilliantly — a huge **congratulations** on this amazing achievement!

Australian Defence Force (ADF) Visit

On **Wednesday 5th November**, our Year 9-11 students had the opportunity to engage with representatives from the **Australian Defence Force (ADF)**.

The session included:

- Presentations on **career options, entry pathways, and lifestyle** across the **Navy, Army, and Air Force**
- Insights into **full-time** and **part-time** roles, as well as **GAP year positions**

The **Mobile ADF Careers Centre (MACC)** was also on site, offering one-on-one conversations between students and ADF members. A big thank you to **Dean, Matt, and the team at the Neil Porter Legacy** for connecting our students with these valuable **career education experiences**.



Melbourne Cup Dress-Up

It was wonderful to see so many **staff and students** embracing the fun of **Melbourne Cup Day** on Tuesday with creative and colourful outfits! These days add a little extra joy to the school week and help build a strong, connected school culture.

Year 12 Exams

Congratulations to our **Year 12 students** who have now completed the majority of their exams this week.

You've shown great commitment and maturity throughout this period, and we wish good luck to those still to complete **History, Physics, and Product Design Technology** over the next two weeks.

Instrumental Music Concert

Last Friday's **Instrumental Music Concert** was a wonderful celebration of the musical talent we have at Hawkesdale P12 College.

Thank you to **Melanie** for her hard work in preparing our students throughout the year and for hosting such an enjoyable evening. It was fantastic to see so many families in attendance, cheering on our students as they performed with confidence and enthusiasm. A special mention to **Aiden Thomson**, whose final performance was a fitting end to both the concert and his musical journey at our school.

Reminders for Next Week

- **Remembrance Day Service** - Tuesday 11th November at the **Hawkesdale Memorial**. We will gather as a school from **10:30am**, the service will begin at **10:45am**, and we will observe a **minute's silence at 11am**.
- **Student Free Day** - Thursday 13th November (staff will complete **Protective Intervention Training**).
- **Year 11 ODE Bike Ride** - Wednesday and Thursday.

Kind Regards

Paul Webster

Assistant Principal

Hawkesdale P12 College

HAWKESDALE COLLEGE
STUDENTS INVITE YOU

REMEMBRANCE SERVICE

NOV 10

2025

LET US NOT
FORGET

TO A COMMUNITY COMMEMORATION
AT THE HAWKESDALE MEMORIAL

GATHERING FROM 10.30
FOR A 10.45 START

ONE MINUTE SILENCE WILL BE OBSERVED AT 11.00



End of Year Dates

Fri 28 Nov:

Final official day of school for Years 10 and 11 students.



Monday 15 Dec:

Community BBQ - 1pm
Presentation Assembly - 2pm
Buses Depart - 3.30pm



Tues 16 Dec:

Final official day of school for P-9 students with the annual Primary and Secondary Picnic Day
School day finishes at 3.30pm



Wed 17 - Thurs 18 Dec:

Student free days for staff curriculum planning and to support the acquittal of time in lieu hours generated by camps in this semester.



2025

Website to Come

Karrang Thookay



What is happening?

This term we have had a visit from Amy from Koorie Academy of Excellence (KAE). The KAE work with us for opportunities in camps, excursions and events across the state. It is open for our secondary students.

The Karrang Mob students from Grade 3 to 6 are off to Russell's Creek for a Celebration day to celebrate the students in Grade 6 moving onto secondary school. An exciting time ahead!



What is on in the Garden?

The final touches in the garden are happening this term, working with Cassign for particular signs and working together to establish what will go in and where. We are looking at a 'Gratitude' sign, the school's Acknowledgement of Country, information on plants as well as a sign describing the 6 seasons of our region. We are hoping to have the opening some stage next year.



Welcome to our first Karrang Thookay Newsletter!

It is with great pride we write this first newsletter article for Hawkesdale P12 College. We are Karrang Thookay, led by the Kurnawarn Warriours - Samuel McKenzie and Tyler Lambrick in 2025. This year we have been focusing on several projects - the completion of the garden and the refurbishing of the Green House. We are excited to end the year with a reflection in our first ever newsletter. Karrang Thookay stands for Gumtree Children, in honour of our tree in our logo. We consist of students from grade 3-12 and take pride in establishing a connection to Country and Culture, guided by each other and outside providers.

Karrang ThookayNewsletter

Moyne Schools Grade 5/6 Cricket Day Port Fairy



Friday 31st October 2025





Warrnambool & Port Fairy Show

A big congratulations to students for their successes at the Warrnambool and Port Fairy Agricultural Shows over the last few weekends. With examples of art, horticulture, woodwork and more we were very well represented.

A massive thank you to Michelle V for all of her hard work coordinating our school entries and to Ms Vaughan, Ms Russell, Ms Regan, Mr Hoeksema and Mr Webster for their work with students in class to produce such wonderful work!

Warrnambool show

Wood Work Class

1st and Best Design Rossette Hayley P

2nd Zaila B

3rd Precious A

Secondary Art

Printmaking, Lino, Etching

1st Liana C 'Jesus'

3rd Jaylah F; 'Tea with Nanna'

Encouragement Awards:

Matilda S

Jasper A

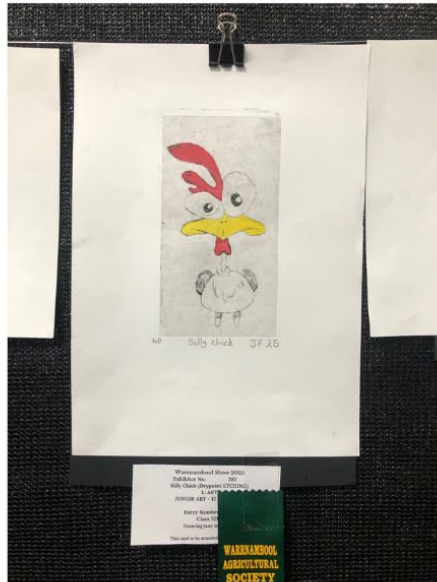
Zaila B

Liana C

Jaylah F

Freida E





Junior Art (3 -6)

On canvas any medium

1st Destinee K 'Indigenous design'

Painting any medium

2nd Destinee K 'Sunrise'

Encouragement awards to

Memphis G

Laylah D

Pirra R

Phoebe C

Blake M

Tess M

Junior art (P-2)

Drawing any medium

3rd Heidi M

Horticulture (13-18yrs)

Collection of Veggies, Herbs

1st yr 9/10 Ag class

Christmas Table Centre Piece

3rd yr 9/10 Ag class

Horticulture 12yrs and under

Collection of Veggies, Herbs

1st Yr 3/4/5



Port Fairy Show

Wood work

Creative design

1st Hayley P



Woodwork/woodburning

1st Zaila B

2nd Precious



Woodwork Furniture

1st Katya

2nd Seb



Felting

1st Memphis G

2nd Phoebe C

Secondary Art

Printmaking, lino, etching

1st Liana 'Dumplings'

2nd Jaylah 'Tea with Nanna'

3rd Liana 'Jesus'



Primary Art

Painting any medium

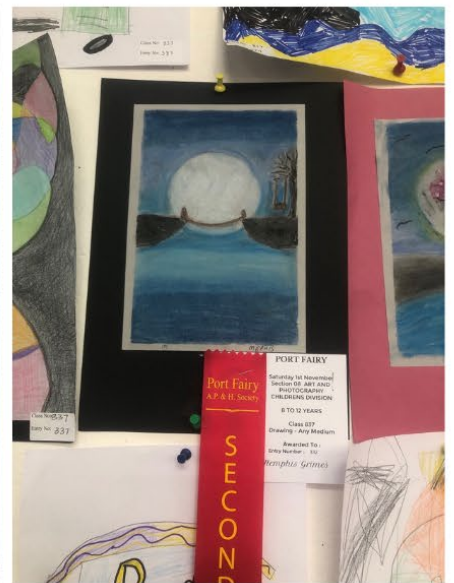
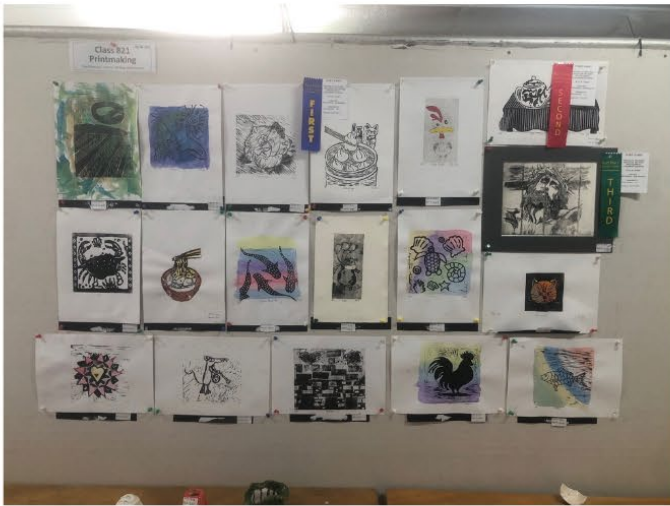
1st Laylah D

2nd Memphis G

Primary Ceramics

2nd Phyllis S

3rd Memphis G





HAWKESDALE
P12 COLLEGE

Year 6-to-7 Transition Days

Monday & Tuesday
October 27 & 28

Monday & Tuesday
December 8 & 9



For more information please contact the school

Transition Coordinator: Patricia Butters
patricia.butters@education.vic.gov.au

Year 7 Level Coordinator: Tyna Lee
tyna.lee@education.vic.gov.au



(03) 5560 7225



www.hawkesdalecol.vic.edu.au



hawkesdale.p12@education.vic.gov.au



Follow us on Facebook & Instagram

2025 Great Hawkesdale Bike Ride - Year 7 to 9

Monday 8th to Thursday 11th December 2025



Dear Parents,

The annual Great Hawkesdale Bike Ride is on again. Initial indications gave us the 25 students that we need in order to begin the planning for the bike ride. Last year, we managed our adventurous trip from Lake Bullen Merri, south of Camperdown, through Timboon and on to Port Campbell. This year we will venture into Warrnambool, from Kororoit, to Port Fairy on Tuesday for a Wednesday activities day and back to Kororoit. All riding will be on the Rail Trail or equivalent.

The ride. On Monday, students will be bussed to Kororoit. On the Thursday they will be bussed back to school in time to catch busses home.

Food. All food will be provided for the camp.

The cost will be \$150 which includes food, campground fees and vehicle support. More information will come home to parents in due course.

In preparation for this camp students will require an adventurous attitude, and a roadworthy, serviceable bicycle - (although the school does have bikes which can be borrowed). They will also need a spare tube for punctures. To properly prepare for the bike ride, we need students to practise riding safely in formation. For the few weeks of November, leading up to the camp, students will require their bike at school and must be prepared to ride at lunchtime to improve their group riding skills and their bicycle fitness.

A separate permission form will be coming home for the practice rides, and later again, a request for medical information and final permission for the week's bike ride camp

Organisers - Heaton Jarrad, Imogen Cakebread, Narelle White



Don't put your adventure off till next year!!!! This may be your last chance.

2025 Great Hawkesdale Bike Ride

You're invited to...

Community BBQ and Presentation Assembly

Monday 15 Dec

1 pm - Community BBQ by
the college tennis courts

2pm - Presentation
Assembly in the college
stadium

**Don't forget to wear full
school uniform!**

3.30pm - Buses depart

Join us to celebrate the achievements
and milestones of our students
throughout the year!





Black Dog
Institute

ClearlyMe®

NO FILTER. JUST ME.

ClearlyMe®

A mental health app to see
teens through tough times.



For Parents and Carers

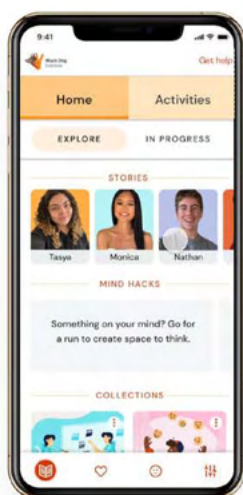


ClearlyMe® is a mental health app to see teens through tough times

When teenagers go through a tough time, it's more than feeling low or sad. Tough times can also leave teens feeling stressed, worried or overwhelmed. It is normal for teens to feel these emotions, which usually arise as they learn to balance their studies and relationships or grapple with concerns like climate change. When these feelings last longer than expected, it can impact their mental health.

Almost one in four teens report experiencing mental health challenges like stress, anxiety, depression and low self-esteem.¹ When it comes to depression, approximately 1 in 10 Australian teens aged 11–17 meet the criteria for a diagnosis.² Finding the best type of help at the right time can be challenging.

At this age, teens are reluctant to seek professional help.³ As parents, we recognise the difficulty in getting our teens to confide in us about their emotions or the challenges they face. Sometimes, we can be at a loss on how to initiate support or where to begin offering help.



Getting started with ClearlyMe

Overall navigation

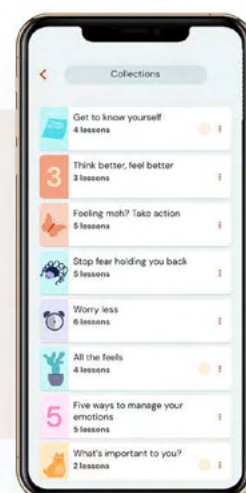
At Black Dog Institute, we've codesigned ClearlyMe® with the help of parents, teens and other mental health experts. It's a free app built in a way that makes sense for teens and uses evidence-based activities to help them navigate their thoughts, feelings, and actions in tough times.

Young people can freely explore ClearlyMe collections, activities, and features as needed at any moment. This means young people can control when and how long they interact with ClearlyMe.

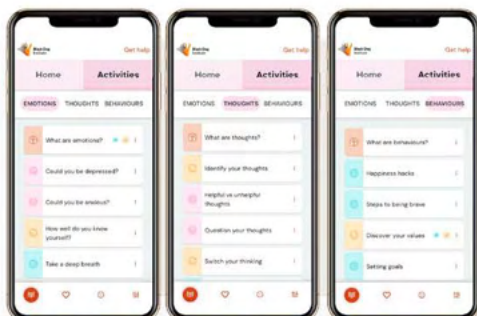
Completing ClearlyMe through themed *Collections*

ClearlyMe consists of 37 brief evidence-based *Activities* based on Cognitive Behavioural Therapy (CBT). These *Activities* can be accessed individually through the categories of *Emotions*, *Thoughts* or *Behaviours* or by choosing one of the nine *Collections*. Each *Collection* groups activities by topics that may be relevant (e.g. depression, worry).

As a guide, individual *Activities* may take between 5 and 10 minutes to complete, and the themed *Collections* may take up to 20 minutes.



1. McHale R, et al. Youth Survey Report 2023. Sydney, NSW: Mission Australia.
2. AIHW. Australia's youth: Mental illness. 2021.
3. Li, S.H., et al. the Cognitive Behaviour Therapist. 2022;(15):e13.



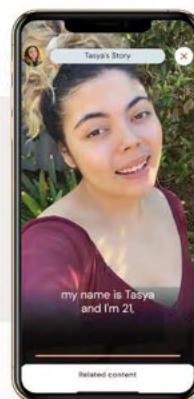
Completing ClearlyMe by individual Activities

The *Activities* teach young people to build psychological skills and coping strategies for when they experience tough times. The activities also encourage young people to practise learned psychological skills outside of the app, and they can return at any time to reflect or access further content as needed.



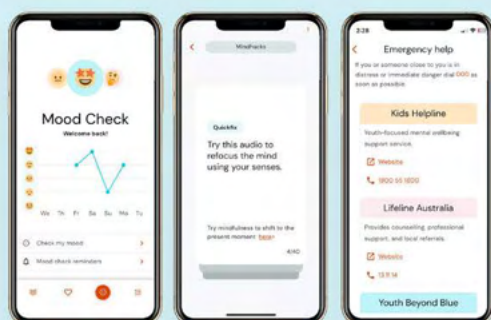
Teen lived experience Stories

These showcase short videos of young peoples' experiences managing mental health symptoms and positive help-seeking experiences to provide users with additional pathways to accessing therapeutic content.



Other features

The *Activities* teach young people to build psychological skills and coping strategies for when they experience tough times. The activities also encourage young people to practise learned psychological skills outside of the app, and they can return at any time to reflect or access further content as needed.



Mood Check

A simple mood-tracking tool to visualise mood over time.

Mind Hack

A carousel of swipe cards that offer quick strategies to help in the moment and link to lessons.

Get Help

Contains information on when and where to access additional mental health support services.

Introducing ClearlyMe to your teen in four simple steps



Download and get to know ClearlyMe

Get to know the key features and how the app works. Demonstrating that you know what's in the app is a significant first step in building confidence with your teen.



Introduce ClearlyMe to your teen

Set aside some time to show ClearlyMe to your teen. Explain that the app's purpose is to support them if they are going through a tough time. For example, they may have expressed negative thoughts, been feeling down or low, or lacking motivation.

If you think it's helpful, highlight some of the app's benefits and help them understand that it has been scientifically tested and there's evidence that the activities are effective and help teens feel better.



Set realistic expectations

ClearlyMe can support your teen in the moment or over long periods. If they are learning CBT strategies for the first time, you can let them know these skills take time and practice to develop and that progress may be gradual.

It is important to remind teens that ClearlyMe is only one tool to support their mental health and that it's okay to take breaks or seek additional support if needed.



Offer support and encouragement (optional)

It is important to remember that some teens will find it hard to share their experiences or might not want to talk at all. Since ClearlyMe can safely and effectively be used as a self-guided tool, checking in with your teen is optional, and it may just be to let them know they are supported if needed.

Our research has shown that ClearlyMe can help teens think and feel better during tough times. If we address concerns early, we can help them feel motivated, grounded and reassured to be their best selves and thrive in school and life.

For more information please email:

clearlyme@blackdog.org.au

ID: BDI-ClearlyMe-FS-Parent-Apr 24 v1





Buy a sausage and support our school
at our annual Bunnings BBQ in Warrnambool
9am - 4pm

HAWKESDALE P12 COLLEGE
PARENTS & FRIENDS
UPCOMING EVENTS

6 NOVEMBER 2025	ADULT CHRISTMAS CRAFT NIGHT 7PM - 9PM HAWKESDALE GOLF CLUB
9 NOVEMBER 2025	BUNNINGS SAUSAGE SIZZLE 9AM - 4PM BUNNINGS, WARRNAMBOOL
13 NOVEMBER 2025	P&F CATCH UP 6.30PM FOR 7PM START TBC
28 NOVEMBER 2025	BLACK FRIDAY SALES & DINNER @ LOGANS RESTAURANT 4PM ONWARDS Liebig St, Warrnambool

parentsandfriends3287@outlook.com

The calendar is a vertical list of four events, each in a blue box with white text. The first event is 'ADULT CHRISTMAS CRAFT NIGHT' on 6 November at 7PM-9PM at Hawkesdale Golf Club. The second is 'BUNNINGS SAUSAGE SIZZLE' on 9 November from 9AM-4PM at Bunnings, Warrnambool. The third is 'P&F CATCH UP' on 13 November at 6.30PM for 7PM start, location TBC. The fourth is 'BLACK FRIDAY SALES & DINNER @ LOGANS RESTAURANT' on 28 November from 4PM onwards at Liebig St, Warrnambool. The calendar is decorated with a small Christmas tree and shopping bags.

Friday, 7 Nov, 7:30pm - Koroit Theatre

Koroit & District
PRIMARY SCHOOL

TRIVIA
NIGHT

We're building a stronger community
by connecting parents and families.

BYO
FOOD &
DRINKS

Come along and join a team on the night. No need to organise a group
— \$10 tickets sold individually, and tables of 8-10 will be created on
the night to help everyone feel welcome. **18+ event**

I learn • We belong • Together we achieve

The poster has a dark blue background. At the top, it says 'Friday, 7 Nov, 7:30pm - Koroit Theatre'. Below that is the school logo and the title 'TRIVIA NIGHT' in large, bold, yellow and pink letters. A central illustration shows a lightbulb with a brain inside it, emitting yellow rays. At the bottom, there's a yellow circle with 'BYO FOOD & DRINKS' in black. Below that, a line of text says 'We're building a stronger community by connecting parents and families.' Further down, a line of text says 'Come along and join a team on the night. No need to organise a group — \$10 tickets sold individually, and tables of 8-10 will be created on the night to help everyone feel welcome. 18+ event'. At the very bottom, a line of text says 'I learn • We belong • Together we achieve'. A QR code is in the bottom right corner.

Dear Fleece Show Supporter,

The Hawkesdale Hall Social Committee wishes to advise you that we will not be running the 2026 Fleece Show. It was decided at our Annual General Meeting in October that due to the severely challenging season and the continuing low wool prices that we will not hold the show next year.

We thank every one of the fabulous woolgrowers here in the Hawkesdale district for your past support over many years. This continued support has enabled our committee to upkeep the hall. This decision was not made lightly, and the committee will decide on the future of the Fleece Show at a later date.

Welcome **SUMMER**

Hawkesdale Swimming Pool

2025/26 season opens
Saturday 13th December

Open Times

School Days	4:00-6:00pm
Weekends	1:00-6:00pm
School Holidays	1:00-6:00pm
Closed on Christmas Day	

HAWKESDALE SWIMMING POOL 2025/26 SEASON

Daily Admission

Adult (16+yrs)	\$6.00
Concession/Under 16	\$4.00
Child (0-4yrs)	\$3.00
Family (2 adults + children)	\$18.00

General Memberships

Family	\$108
Family concession	\$67
Adult	\$67
Concession/Student	\$46

Rostered Memberships

Family	\$85
Adult	\$55



* Pool will only open if the Hamilton forecast is 22C or above

HAWKESDALE P12 COLLEGE 2025 YEARBOOK

A great historical record of the year. Relive and reminisce about the camps, excursions, the study, and the good times with your friends. Limited copies available. Contact the office for further information.



Photos of friends and good times, memories to keep.

FOR MORE INFORMATION



CONTACT US
At the office. 55607225



We are now taking orders for the **2025** School Magazine.
Please fill in the form below or phone the College 55607225
The Magazine is due to arrive very early 2026

OoOoOoOoOoO

HAWKESDALE P12 COLLEGE - SCHOOL MAGAZINE - 2025

STUDENT/S NAME:

PARENT NAME:

I/We wish to order copies of the 2025 School Magazine @ **\$36.00 per copy**. If you need the magazine to be mailed to you please write the address below or email the college on hawkesdale.p12@education.vic.gov.au with your address and add \$6.00 postage per magazine to the total cost.

ADDRESS:

Payment methods available: ☐ CASH ☐ DIRECT DEPOSIT ☐ EFPTOS ☐ CREDIT CARD (see below)

I/We have included payment (please tick payment method) of \$.....

HAWKESDALE P12 COLLEGE – 2024 SCHOOL MAGAZINE CREDIT CARD PAYMENT

(Please note all credit card information will be destroyed after payment has been processed)

Card No.:

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Name on Card:

Amount Paid:

Signature: