



Newsletter Report

Dear Families,

I hope this message finds you well. John is away this week, so I have a few important updates and some wonderful achievements to share with you.



Parent-Teacher Interviews

Our Parent-Teacher interviews will be held on **Tuesday, 16th September**. Bookings are now open on **Compass**, and we are looking forward to welcoming parents, carers, and students into the school between **11:00 AM and 7:00 PM**. If you need any assistance with the booking process, please don't hesitate to contact the office, and we will be happy to help. 55607225.

Progress Reports for Students

Teachers are currently compiling **Progress Reports** for students in **Prep-10**, which will be available to parents and carers next **Wednesday, 10th September** via **Compass**. These reports provide important insights into your child's progress, and we encourage you to take some time to review them.

Parent Opinion Survey – We Value Your Feedback

I'd like to kindly remind all families to please complete the **2025 Parent Opinion Survey**. **Classroom teachers and Year Level Coordinators** have emailed a weblink and password earlier this week. The survey takes just **5-10 minutes** to complete, and your feedback is incredibly important to us. Your responses help us understand the needs of our school community and guide us as we continue to improve. Thank you for sharing your thoughts with us.

Celebrating Sporting Successes

We've had some fantastic sporting successes this year, and I'd like to highlight one in particular. **Amelia, Phoebe, and Pirra**, three of our talented Year 6 girls, have made it to the **Under 14 Girls Basketball Grand Final** in **Hamilton** next **Friday, 12th September** with their team, **Minders Blue**. We wish them the very best of luck, and we are so proud of their achievements!

Additionally, I'd like to congratulate the **Hawkesdale Macarthur Boys U16 Football team** on a successful season. Although they were narrowly defeated last weekend, we are incredibly proud of their resilience and the effort they put in throughout the year. Well done, boys!





A Heartfelt Thank You to the Parents and Friends Group

A special thank you goes to our **Parents and Friends (P&F)** group for hosting the **Annual Father's Day Stall** on Thursday. Your contribution to our school community is always deeply appreciated, and events like these wouldn't be possible without your support. Thank you again for all you do!



RUOK Day – Thursday, 11th September

Next **Thursday, 11th September**, we will be celebrating **RUOK Day at school**. This is a special day to remind us all of the importance of checking in with one another and supporting each other, especially when it comes to mental health and wellbeing. During form assemblies, students will engage in activities that help foster this understanding. We hope this day encourages our students and community to reach out and ensure everyone is okay.

Thank you for your ongoing support. If you have any questions or need assistance, please don't hesitate to reach out.

Wishing everyone a lovely and restful weekend.

Warm regards,

Paul Webster

Assistant Principal

Athletics Training for GWR Athletics on 9th October 2025



Hawkesdale P12 College will be running athletics training for students who are involved, every **Monday and Thursday at lunchtime** for the remainder of this term.

This is in preparation for the **Regional Athletics in Ballarat during the first week of Term 4**.

Wellbeing Space

Looking for support or someone to talk to at school about your young person?

Please contact the Classroom Teacher or Year Level Coordinator as your first point of contact.

Parent & Carer Concern

Please find below the process for discussing the wellbeing of your young person. We encourage you to follow the below process however also understand that there might be someone below that you feel most comfortable approaching and that is okay too.

Primary Student

Please follow the below process:

1. Contact the Classroom Teacher
2. If your concern is not resolved please contact the Primary Coordinator, Melissa Davey or the Mental Health and Wellbeing Leader, Carlee Dart
3. If you continue to have concerns please contact the Leadership Team - John Ralph, Paul Webster, Trish Butters

Alternatively, you can also ask to speak directly with our School Chaplain.

Secondary Student:

Please follow the below process:

1. Contact the Year Level Coordinator
2. If your concern is not resolved please contact the Mental Health and Wellbeing Leader, Carlee Dart
3. If you continue to have concerns please contact the Leadership Team - John Ralph, Paul Webster, Trish Butters

Alternatively, you can also ask to speak directly with our School Chaplain or our School Nurse.

PRIMARY CLASS TEACHERS



F/1/2:
Melissa Davey



3/4/5:
Diane Brown



6:
Rebecca Whitehead

YEAR LEVEL COORDINATORS



Primary:
Melissa Davey



Year 7:
Jacob Gordon



Year 8:
Carlee Dart



Year 9:
Trish Butters



Year 10:
Tyna Lee



VCE:
Narelle White

Making Contact:

Please contact staff via **Compass** or by **phoning the school front office**. Office staff will then direct your call and leave a message with the relevant staff member.

WELLBEING TEAM



Carlee Dart
Mental Health and Wellbeing Leader
Available:
Monday - Friday



Felicity Lowery
School Chaplain
Available:
Tuesday & Wednesday



Tracy Crispe
Secondary School Nurse
Available:
Monday & Thursday



Cindy Jenkinson-Clarke
Secondary Mental Health Practitioner
Referral from Wellbeing Team required

The wellbeing team are always here to support students in whatever way we can. We are here to help all students whether they are feeling upset or frustrated, just want to talk to someone or need some space. We can offer or organise short term counselling and support, either at school or using external support.



SchoolTV

IN THIS ADDITION: R U OK? DAY

Understanding the growing challenges related to mental health among young people is an important consideration. Anxiety, depression and self-harm - are all causes for concern. Factors like academic pressure, social media, family dynamics, and societal expectations, are contributing to these issues. It's therefore crucial for parents and caregivers to take action early, remove the stigma around discussing mental health, and offer accessible support to address these issues and the wellbeing of their children.

R U OK?Day is an initiative that focuses on preventing suicide by encouraging meaningful personal connections and helping informal support networks to help recognise the signs of distress. We urge all families to take part, emphasising the value of genuine human relationships and reminding everyone to ask the important question, "Are you OK?"

Engaging in R U OK?Day activities goes beyond the classroom; it's a commitment to our students' overall development. By talking openly about mental health, schools create safe spaces where students feel understood, valued, and supported. As parents and caregivers, you can contribute by fostering open conversations, normalising feelings and breaking down mental health stigmas. Participating in R U OK?Day promotes compassion and shows our dedication to the wellbeing of the entire school community, reaffirming that together, we can truly make a difference.

This Special Report provides guidance on how to talk to your child about mental health and engage in meaningful discussions.

We hope you take time to reflect on the information offered in this Special Report, and as always, we welcome your feedback.

If you do have any concerns about the wellbeing of your child, please contact the school for further information or seek medical or professional help.

Here is the link to your special report:

https://hawkesdalecol.vic.schooltv.me/wellbeing_news/special-report-r-u-ok-day



**Thursday
September 11th**

Ask

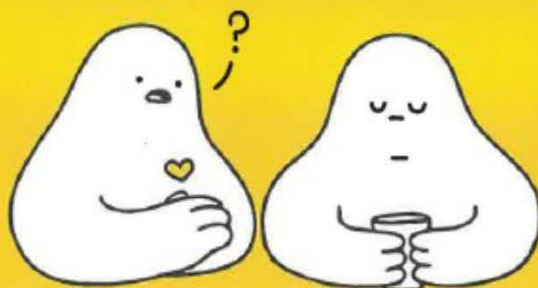
RUOK?™

Colour in

4 steps of an RUOK? conversation



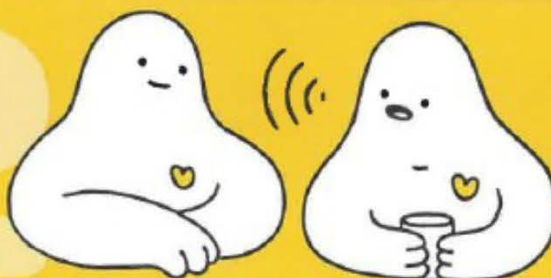
1



How are you travelling?

Ask R U OK?

2



I'm here to listen if you want to talk more.

Listen

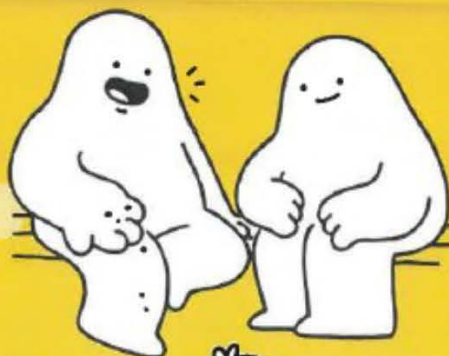
3



What have you done before that has helped?

Encourage action

4



Just wanted to check in and see how you're doing?

Check in

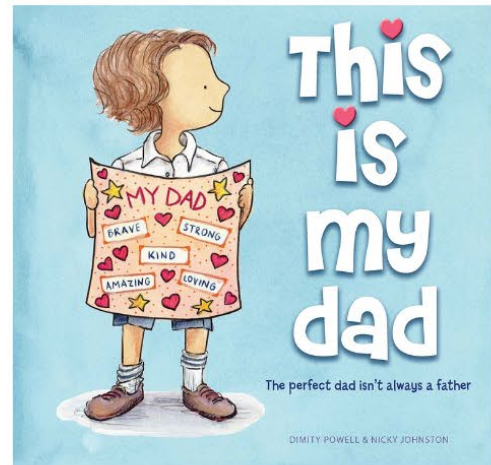
Visit us at ruok.org.au

Library News



Please remember to return your library books when you've read them books so everyone can enjoy them!

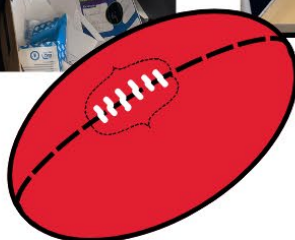
Fun with the trains



Book of the week



Borrowing



New displays



Student Voice invites you
to join in for ...



Sports Colours Day



19th of September -
the last day of term!



Come dressed in the colours of your favourite
footy/sports team for a gold coin donation! All
funds raised will go towards our term 4 disco!!





Warrnambool Theatre Company
Presents



By Miles Franklin
Adapted by Kendall Feaver

September 10 - 14th
Lighthouse Theatre, Warrnambool
Tickets at LighthouseTheatre.com.au



Kiwanis
WARRNAMBOOL
Kids need Kiwanis



Musical production of

SLEEPING BEAUTY



EMMANUEL CENTRE
WARRNAMBOOL
TUESDAY 23RD SEPTEMBER
11.00- 12.20
TICKETS \$20

COAST FM
3YB FM



Scan here to book

<https://www.trybooking.com/1447352>

kiwanisclubofwarrnambool@gmail.com



Drinks

Water – 600 ml	\$2.00
Nippy's Milk – 250 ml – Strawberry, Honeycomb, Chocolate, Coffee	\$2.40
Fresha Juice – 250 ml - Apple or Apple & Blackcurrant or Orange	\$2.40
Nippy's Milk – 375 ml – Strawberry, Honeycomb, Chocolate, Coffee, Banana	\$3.50
Fresha Juice – 500 ml - Apple & Blackcurrant or Orange	\$3.50

Frozen Yoghurt or Icy Poles – lunchtime only

Lemonade Icy Poles (gluten free)	\$1.60
Zooper Dooper – Maximum of 2 – Temp must be over 25°C	\$0.50
Dixie Cups (gluten free)	\$2.50
Frozen Yoghurt	\$2.50

Chips

Chips (28 g) - Honey Soy or Sea Salt or Salt & Vinegar (gluten free)	\$1.40
Snaps (28 g) (gluten free)	\$1.40

LUNCH TIME SPECIAL

Monday	Hot Dogs Baked Potatoes	\$3.00 \$6.00
Tuesday	Butter Chicken & Rice	\$6.00
Wednesday	Beef pasta Bake	\$6.00
Thursday	Chicken Fried Rice	\$6.00
Friday	Chicken Enchilada	\$6.00

Dim Sims available at recess on Monday, Wednesday & Friday **\$1.00**

Canteen Menu – 2025 term 3

Recess and Lunch

Mini Chicken Wrap -	\$2.20
Chicken Mini Muffin Pizza	\$1.80
Ham, Cheese Mini Muffin Pizza	\$1.80
Ham, Cheese, Pineapple Mini Muffin Pizza	\$1.80
Egg and Bacon Muffin	\$3.00
Hash Browns	\$1.00
Sweet Chilli Chicken Tender Toastie	\$1.80
Party Pies / Sausage Rolls	\$3.00
Homemade Slices / Muffins / Banana Bread	\$1.80
Homemade Biscuits	\$1.80
Truffles	\$1.20
Banana bread - (gluten free) must be pre-ordered	\$0.60
	\$1.80

Lunch Only

Angel Bay Light Beef Burgers with Salad	\$6.00
85gm Canteen Approved Chicken Burger with Salad	\$6.00
Salad Roll or Sandwich with or without Meat	\$6.00
Salad Tubs with or without Meat	\$6.00
Sandwiches - selected fillings eg: egg & lettuce / ham & pickles (must be pre ordered)	\$3.00
Vegie Burger with lettuce, tomato, beetroot, cheese, mayo on a wholemeal roll	\$6.00
Sweet Chilli Chicken Wrap - with lettuce, tomato, mayo and cheese	\$6.00
Chicken Crackles and Wedges	\$4.00
Pastie slab - must be pre-ordered	\$4.50
Meat Pie	\$4.50



CLARKE'S PIES

Pie Drive Order Form

Organisation: **HAWKESDALE P-12 COLLEGE** Name: _____

Student Name _____

Ph: _____



Products:	Price:	Quantity Required:	Total:
2 PACK - 'Lunch' sized pies			
Pies			
Original Beef (Square)	\$10		
Steak & Curry	\$10		
Steak & Onion	\$10		
Steak & Bacon	\$10		
Steak & Mushroom	\$10		
Steak & Pepper	\$10		
Chicken & Vegetable	\$10		
Shepherds (Potato)	\$10		
Pizza Pie	\$10		
Egg, Bacon and Cheese	\$10		
QUICHE - roast vegetable	\$10		
SPECIALTY - Pies 2 Pack			
Chunky beef-	\$12		
Lamb and Rosemary	\$12		
Satay Chicken	\$12		
2 PACK- 'Lunch' size Fruit Pies			
Apple Pie	\$10		
Apricot Pie	\$10		
2 PACK- Pasties			
Traditional Pasties	\$10		
Old Style Pasties	\$10		
Vegetarian Pasties	\$10		
2 PACK- Sausage Rolls			
Sausage Rolls	\$8		
Cheese and Bacon Rolls	\$9		
Sub-Total:			

Products:	Price:	Quantity Required:	Total:
FAMILY - Sized Products:			
Original Beef	\$16		
Steak & Curry	\$16		
Steak & Onion	\$16		
Steak & Bacon	\$16		
Steak & Mushroom	\$16		
Steak & Pepper	\$16		
Chicken & Vegetable	\$16		
Shepherds Plus (Potato)	\$16		
Apple	\$16		
Apricot	\$16		
Pastie	\$16		
Vegetarian Pastie	\$16		
6 PACK - Party Sized Products:			
Party Pie	\$12		
Party Pastie	\$12		
Party Sausage Roll	\$12		
2 PACK- Slices			
Caramel Slice	\$8		
Hedgehog Slice	\$8		
Peppermint Slice	\$8		
Cherry Ripe Slice	\$8		
Lemon Slice	\$8		
Chocolate Brownie Slice	\$8		
Sub-Total:			

Payment Details	
Payment Method: Cash/Credit	Card type: Visa/Master
Card Number _____	Expiry Date _____ CVC _____

All products will be delivered fresh on the day of pick-up, so it is a great opportunity to stock up your freezer and support the **Hawkesdale P-12** at the same time!

Please return orders and money by

**Wednesday 10th
September 2025**

Orders will be available for pick-up on

**Wednesday 17th
September 2025, from
2.30pm**

Collection arrangements to be made on the day due to **limited storage. Thankyou**

Total amount included: _____