



Principal Newsletter Report Friday May 30

This week is National Reconciliation Week – an opportunity for everyone to think about our shared histories and cultures, and to explore how each of us can contribute to achieving reconciliation in Australia. The theme of this week was *Bridging Now to Next*, and a reminder for all Australians to step forward together, to look ahead and to continue to work towards reconciliation as past lessons guide us. We have commemorated this week with Library book displays, a primary colouring competition, and the ongoing construction of our fantastic indigenous garden. Our school was recently successful in gaining a grant from Wannon Water (thank you Shannon!) to create six totem poles that recognise the six distinct seasons of the Eastern Maar landscape – a big thanks also to Nifty's Rural Fencing for the installation of the posts. Our Hands On Learning students are continuing to link areas of the garden with timber and bluestone walkways, and a recent load of mulch is helping to retain moisture and keep weeds at bay. The transformation of this part of our school grounds is very special indeed.



Our Year 7's returned to school this week after spending Monday to Wednesday at the **Roses Gap Camp in the Gariwerd National Park**; this was the first of our year level camps for the year. Students absolutely enjoyed their time in the northern Grampians, tackling canoeing, abseiling, the heights of crate stacking, some long hikes and ever-challenging ropes courses. I suspect that staff and students involved will have slept well after returning!



Our Year 7 and 8 students have been enjoying AFL Nines during PE lessons, with a smaller field and team sizes allowing for lots of skill development and physical movement. Well done to Mr Webb for organising this experience, and for gaining the Sporting Schools funding to allow this to happen.

Students in Years 4-VCE will be involved in the 2025 **Attitudes to School survey during the next fortnight**. This annual survey is a strong source of data about student perceptions of their learning and connection to each other and is an important starting point for school improvement planning for 2026. Surveys are conducted online, and the privacy of each student is protected through the use of unique student logins, and the deidentification of student personal details. Please note that this survey is voluntary, and that families do have the option to request that their child or children do not take part in the survey – please refer to the Information and Consent Letter attached to our newsletter for more information about how to make this request to our school.

A large group of staff took part in a day of bike education last week, conducted by trainers from



Road Safety Victoria. The aim of the day was to broaden staff knowledge around teaching bike education at our school, and to ensure that our school cycling resources are well used over time. Students are currently taking part in on-road cycling training at lunchtimes, in preparation for secondary cycling camps that will happen later in the year. It's great to see staff and students out and about on bikes, being physically active and making the most of our excellent school cycling resources.

A reminder to families and students that it is a legal requirement to wear seat belts on a bus when they are fitted, no matter how old you are.

Bus Captains are assisting me to monitor this requirement on buses, and our drivers are reporting that students are now belting themselves in with greater enthusiasm. I will continue to visit each bus on a regular basis to remind students of this requirement, and students who are reluctant to follow this requirement could lose the privilege of bus travel for a period of time. I am currently arranging a bus safety session for students delivered by Bus Association Victoria before the end of term which will further reinforce the importance and responsibility of safe bus travel behaviour.



It's pleasing to note that a community event is happening at the Hawkesdale Memorial Hall on the 10TH of June; the **Rain Check – A Night For The Blokes** is designed to provide support, wellbeing information and camaraderie for district farmers at a time when ongoing drought is creating hardship and uncertainty. We recognise that the drought is having a multitude of effects on families and the wider community at this time, and it's great to see a local initiative providing support to those most affected. Please refer to the flyer in this newsletter for further details about this event, and phone your RSVP through by June 8.

The **2024 Annual General Report** is now available for viewing on our College website, and I would encourage parents to read through this report as a reflection on school achievement and areas for improvement noted from last year.

Please remember that two pupil free days have been approved by School Council in June – a staff professional development day on Tuesday June 10, and a report writing day on Monday, June 23. Students will not be required at school for classes on either of these days. We are always conscious that pupil free days require plenty of advance planning and notice for families, so please note June 10 and June 23 as pupil free days on your calendars or online organisers.

Have a great weekend everyone!

Mr Ralph
Principal

PARENT / CAREGIVER / GUARDIAN INFORMATION AND CONSENT LETTER

2025 Student Attitudes to School Survey

Dear Parent / Caregiver / Guardian,

This letter is to inform you about the 2025 Student Attitudes to School Survey (AtoSS), which all government school students in Years 4 to 12 will be invited to complete.

About the survey

The AtoSS is a voluntary student survey offered by the Department of Education every year to help schools and the department understand students' experiences of school. We will ask your child about their thoughts and feelings about their school, their learning, relationships with other students, resilience, bullying, health and wellbeing, physical activity, and life in general.

ORIMA Research Pty Ltd has been contracted by the department to manage the collection of the online survey and will provide support to schools through a telephone hotline and email.

This year, the survey will be conducted at your school from 12th May to 13th June.

What are the benefits?

Young people enjoy having a say! This survey has been running for nearly 20 years and helps schools plan programs and activities to improve your child's engagement with school, their wellbeing and their learning. The survey data also helps the Department of Education understand how to improve student learning.

What are the risks?

We don't expect many risks of participation, but some students may find some questions personal or sensitive. If you agree for your child to take part, they can still skip questions or withdraw at any time whilst completing the survey if it makes them upset or uncomfortable. A teacher will be present during the survey to support students.

The questions come from validated survey instruments used in Australia and around the world. They focus on your child's strengths and are designed for each year level group.

What will my child be asked to do?

Your child will be invited to complete the survey **online during class time** using a purpose built secure online survey tool. We are not "testing" your child. Please note:

- Students can choose if they want to take part, skip questions if they don't want to answer, and can stop doing the survey at any time.
- There are different versions of the survey to let all students take part.
- The survey will take around 20-40 minutes to complete.

How is my child's privacy protected?

A teacher will give your child a unique login to complete the survey. This unique student login is an assigned identifier that will be used by the department to link data for analysis and research only. Some student demographic data such as year level, gender, age, and Aboriginal and/or Torres Strait Islander status are provided to ORIMA research, and linked with the unique student login ID to administer the survey. This information helps to support analysis and research, to paint a clearer picture of how Victorian school students are faring.

ORIMA Research will only use student personal information for research purposes to facilitate the administration and data collection of the Attitudes to School Survey. To keep your child's survey answers private, ORIMA Research won't include any personally identifiable data in the survey answers file that is provided to the department.

All data is stored on servers located in Australia, and only staff who are working on the project can access it.

All information collected about your child will be handled in accordance with the *Privacy Data and Protection Act 2014* (Vic), the *Health Records Act 2001* (Vic) and the *Public Records Act 1973* (Vic), as well as the Department's [Schools' Privacy Policy](#). Please note that consistent with the above legislation and our policy, there are instances where we may be required by law to share information provided by your child. For example, where there is a threat to your child's health and safety.

How will results be reported?

The department will only use aggregated state-wide survey data to report on initiatives and this data may also be used in public discussions of issues about student engagement and wellbeing. An example of how survey data has been previously used includes reporting levels of student engagement in the Performance Summary in the Annual Report to the School Community. The department will not share any identifiable student data with any other party.

Your child's school will only get reports about groups of students. Information about individual students and the student answers data file will not be shared with schools. If there are low numbers of student answers to a question, the report will not show results for this question to protect the privacy of those students.

Your school may share the survey report back to you.

What if I don't want my child to do the survey?

This survey is **voluntary**. If you **do not** want your child to do the survey, please opt out by emailing your school at hawkesdale.p12@education.vic.gov.au before the survey starts on Thursday May 29.

Student personal information will be shared with ORIMA Research to facilitate survey preparations prior to this opt out process. If you opt your child out of participating, then your school will ensure that your child is not provided with access to the survey. Student details will be deleted by ORIMA Research at the conclusion of the survey.

If your school does not receive a "Refusal of Consent" email from you before the survey begins, we will assume that you agree for your child to take part in the 2025 Attitudes to School Survey. Please remember, as noted above, the survey is voluntary: even with your consent, your child can choose to skip questions or stop doing the survey at any time.

For more information about this survey, including the questions your child will be asked to answer, please visit the department's [survey information page](#).

If you would like more information or have any concerns about the survey, please speak to your child's teacher, or contact the department at school.surveys@education.vic.gov.au.

Yours sincerely,

Department of Education, Victoria

STUDENT VOICE PRESENTS

Be Yourself Day!



DRESS UP AS WHAT MAKES YOU

YOU!

Friday 4 July

Our identity refers to gender, ethnicity, personality, religion, values, and hobbies that define who YOU are.



If you are on the Autism Spectrum, you could wear blue, the colour of Autism awareness,

or

If you are very keen on dinosaurs, you could dress up as a dinosaur,

or

If your ethnicity is significant in who you are, you could wear something that's traditional to your nationality.



There's so many ways to express yourself!

Come to school and express who you are!



p-2 Week 6



This week we learnt helpful ways to deal with conflicts. We practiced these strategies while working and building together.



LASAGNA

Prepared by Year 9 and 10

1 tin crushed tomato
2 tablespoons tomato paste
1 beef stock cube, crumbled
1 teaspoon dried herbs
(basil, oregano or mixed herbs)

Bechamel Sauce

40 g butter
2 tablespoons plain flour
2 cups milk
½ cup grated cheese
Salt and pepper to taste

4 lasagna sheets
1 cup grated cheese



LASAGNA

Prepared by Year 9 and 10

METHOD

1.Preheat oven to 200°C/180°C fan-forced

Prepare the meat sauce

- 1.Heat oil in a big heavy frying pan.
- 2.Add the garlic and onion and cook until the onion is transparent.
- 3.Add the mince. Cook while stirring until the meat is brown (all the red should be gone from the meat)
- 4.Add the tinned tomato, tomato paste, herbs and stock cube. Stir well.
- 5.Bring the Bolognese sauce to a gentle boil.
- 6.Turn down the heat and simmer for 10 minutes.

Prepare the Bechamel Sauce

- 1.Melt butter in a saucepan over medium heat.
- 2.Add flour. Cook, stirring, with a wooden spoon, for 1 to 2 minutes or until mixture bubbles.
- 3.Gradually stir in milk.
- 4.Bring to the boil and then reduce the heat to medium.
- 6.Cook, stirring, for 4 to 5 minutes or until mixture thickens.
- 7.Stir in the cheese and season with salt and pepper.

Assemble the lasagne

- 1.Use a 3 cup-capacity, 5cm-deep baking dish.
- 2.Spoon a thin layer of the mince mixture into the prepared dish.
- 3.Top with lasagne sheets, trimming to fit if needed.
- 4.Top with a third of the remaining mince mixture and one third of the bechamel sauce.
- 5.Top with lasagne sheets.
- 6.Repeat, adding a third of the mince and a third of the bechamel sauce until all the ingredients are used up.
- 7.Sprinkle 1 cup of grated cheese on top of the final layer of bechamel sauce
- 8.Bake for 30 minutes or until pasta is tender and cheese golden.
- 9.Stand for 10 minutes. Serve.



Wellbeing Space

Want to contact Wellbeing?

You can now easily email Carlee Dart, our Mental Health and Wellbeing Leader, via Compass.

Carlee is now recorded as a teacher for all of our students, under the subject Mental Health Wellbeing (MHW). We hope this makes it easier and more convenient to reach out to the wellbeing team.

In this edition of the newsletter, please find a **whole school wellbeing team overview** and **flowchart** that will assist you in making contact with the school.

You will also find an **invitation to a webinar** by SchoolTV on **Digital Media Literacy and safety**. This will be presented by Dr Michael Carr-Gregg and Susan McLean. This webinar is part two of a series although please do not let this discourage you from attending. Even better, you can attend from the comfort of your own home. Please see flyer for more information and register via this link or alternatively via QR code on flyer.

<https://hawkesdalecol.vic.schooltv.me/webinar/east-coast-digital-media-literacy-safety-part-2>

Now available

A parenting resource
supporting student mental
health and wellbeing



SchoolTV is like wellbeing on-demand!

<https://hawkesdalecol.vic.schooltv.me/>



SchoolTV

In this edition of SchoolTV - HAPPINESS & GRATITUDE

Happiness is a term that captures a huge variety of positive emotions such as humour, serenity, optimism, joy, pride, inspiration, love and hope. Happiness means different things, to different people and is essential to your understanding of emotional literacy. Throughout history, philosophers, religious writers and poets have pondered on the meaning of happiness and how it might be achieved. In the last few decades, scientists and psychologists have researched this further by studying a field of science called positive psychology.

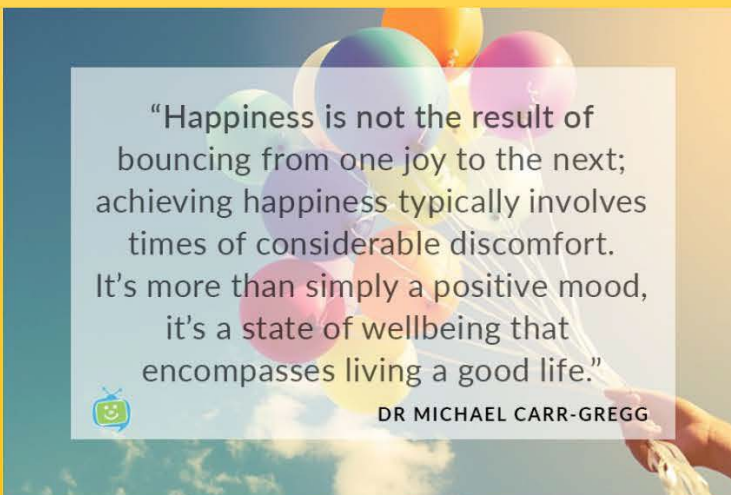
The result of this research suggests there is a strong correlation between gratitude and greater happiness. Practising gratitude helps you shift your focus to positive memories or experiences, noticing the good in your life. Over time, this will re-wire your brain to create new neural pathways, increase your state of happiness and overall wellbeing.

In this edition of SchoolTV, parents and care-givers will learn how to achieve happiness and the benefits of practising gratitude.

We hope you take time to reflect on the information offered in this edition of SchoolTV and we always welcome your feedback. If you have any concerns about your child, please contact the school counsellor for further information or seek medical or professional help.

Here is the link to the **Happiness & Gratitude** edition of SchoolTV

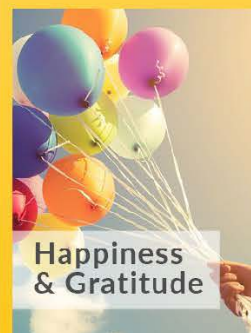
<https://hawkesdalecol.vic.schooltv.me/newsletter/happiness-gratitude>



"Happiness is not the result of bouncing from one joy to the next; achieving happiness typically involves times of considerable discomfort. It's more than simply a positive mood, it's a state of wellbeing that encompasses living a good life."



DR MICHAEL CARR-GREGG



What are the long-term benefits of happiness?

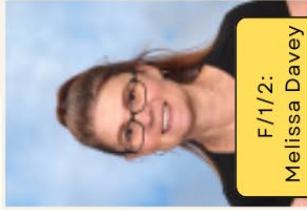




Hawkesdale P-12 College Student Wellbeing 2025



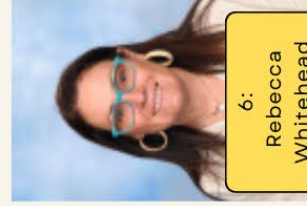
PRIMARY CLASS TEACHERS



F/1/2:
Melissa Davey

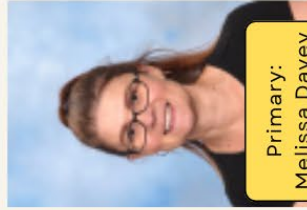


3/4/5:
Diane Brown

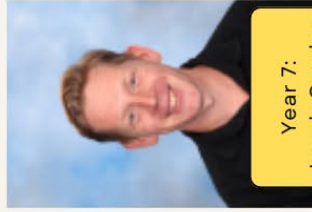


6:
Rebecca
Whitehead

YEAR LEVEL COORDINATORS



Primary:
Melissa Davey



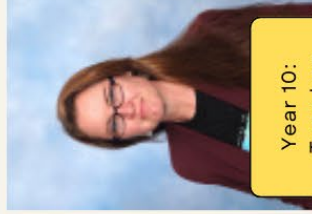
Year 7:
Jacob Gordon



Year 8:
Joe Kingston



Year 9:
Trish Butters

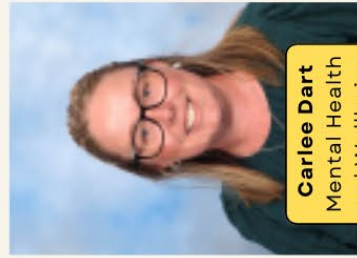


Year 10:
Tyna Lee

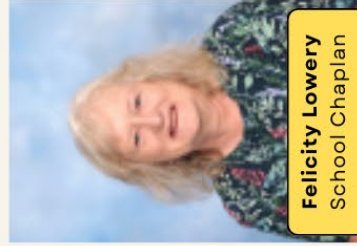


VCE:
Narelle White

WELLBEING TEAM



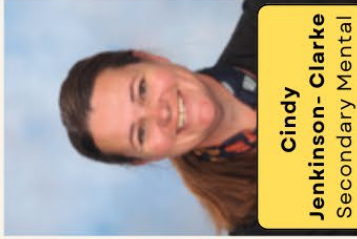
Carlee Dart
Mental Health
and Wellbeing
Leader



Felicity Lowery
School Chaplain



Tracy Crispe
Secondary
School Nurse



Cindy
Jenkinson-Clarke
Secondary Mental
Health
Practitioner

The wellbeing team are always here to support students in whatever way we can. We are here to help all students whether they are feeling upset or frustrated, just want to talk to someone or need some space. We can offer or organise short term counselling and support, either at school or using external support.

Our teachers and the wellbeing team are here to support students to cope with the stress and emotions of daily life. Looking after student wellbeing is important to us as when students are feeling emotionally healthy they can be fully present with their family, friends and community. They can be the best version of themselves and most importantly learn. We aim to support students to feel safe and be happy to come to school. Please contact staff via Compass or by calling the front office.

LEADERSHIP TEAM



John Ralph
Principal



Paul Webster
Assistant
Principal



Trish Butters
Disability
Inclusion Leader



Hawkesdale P-12 College Student Wellbeing Referral Process



Parent & Carer Concern

Please find below the process for discussing the wellbeing of your young person. We encourage you to follow the below process however also understand that there might be someone below that you feel most comfortable approaching and that is okay too.

Coordinators:

Primary: Melissa Davey
Yr 7: Jacob Gordon
Yr 8: Joe Kingston
Yr 9: Trish Butters
Yr 10: Tyna Lee
VCE: Narelle White

Primary Student

Please follow the below process:

1. Contact the Classroom Teacher
2. If your concern is not resolved please contact the Primary Coordinator, Melissa Davey or the Mental Health and Wellbeing Leader, Carlee Dart
3. If you continue to have concerns please contact the Leadership Team - John Ralph, Paul Webster, Trish Butters

Alternatively, you can also ask to speak directly with our School Chaplain.

Secondary Student:

Please follow the below process:

1. Contact the Year Level Coordinator
2. If your concern is not resolved please contact the Mental Health and Wellbeing Leader, Carlee Dart
3. If you continue to have concerns please contact the Leadership Team - John Ralph, Paul Webster, Trish Butters

Alternatively, you can also ask to speak directly with our School Chaplain or our School Nurse.

If needed the Wellbeing Team will discuss how to best support the needs of the student and their family. They will continue to communicate with the family about these needs. Students may be referred to or supported by staff below or an outside agency:

Mental Health and Wellbeing Leader Carlee Dart

Role: To implement a whole school approach to mental health and wellbeing.

Available: Monday - Friday

Secondary School Nurse Tracy Crispe

Role: To provide health promotion activities and health information. Provide individual student health consultations and referrals.

Available: Monday & Thursday

School Chaplain Felicity Lowery

Role: To provide pastoral care for the whole school community.

Available: Tuesday & Wednesday

Mental Health Practitioner (MHP) Cindy Jenkinson-Clarke

Role: All student referrals to the MHP are made via the School Wellbeing Team. Parental consent for students under 18 years of age must be obtained.

The MHP works with **secondary** students experiencing mild to moderate mental health conditions such as anxiety and depression, or referrals relating to stress, peer connectedness, emotion regulation, body image, loss and grief, trauma and identity. This is short term, brief intervention.

Referral from Wellbeing Team required

Leadership Team:

John Ralph
Principal
Mr Webster
Assistant Principal
Trish Butters
Disability Inclusion Leader
Carlee Dart
Mental Health and Wellbeing Leader

Making Contact:

Please contact staff via **Compass** or by **phoning the school front office**. Office staff will then direct your call and leave a message with the relevant staff member.



A FREE WEBINAR

Digital media literacy & safety

PART II

Supporting Primary & Secondary students

Join us for an exclusive webinar featuring two of Australia's leading experts in youth wellbeing and cybersafety as they provide invaluable insights into how we can support young people navigate the online world safely and responsibly.

This webinar is **Part II of a series**.

In this session, topics include:

- Artificial Intelligence
- Misinformation & Algorithms
- Sexting & Sextortion
- Online Grooming

Suitable for: Parents, grandparents, carers, educators, school leaders.



Online, Wednesday
18 June, 2025
7.30 - 8.30 pm



Dr Michael Carr-Gregg

Renowned child and adolescent psychologist, Michael has years of experience working with young people and families and was Chair for the Cybersafety Committee.



Susan McLean

As Australia's foremost cybersafety expert and founder of Cyber Safety Solutions, Susan will offer proactive strategies to help keep young people safe.

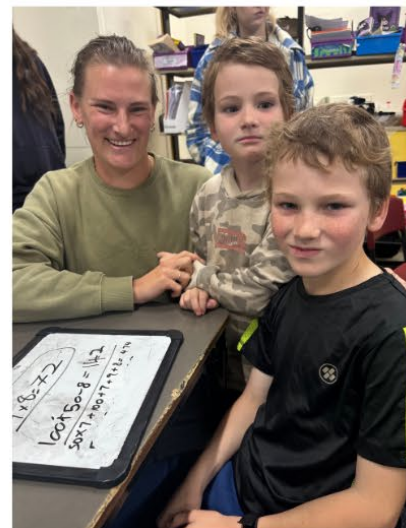
**Don't miss out.
FREE event.
Scan or click the
button to register.**

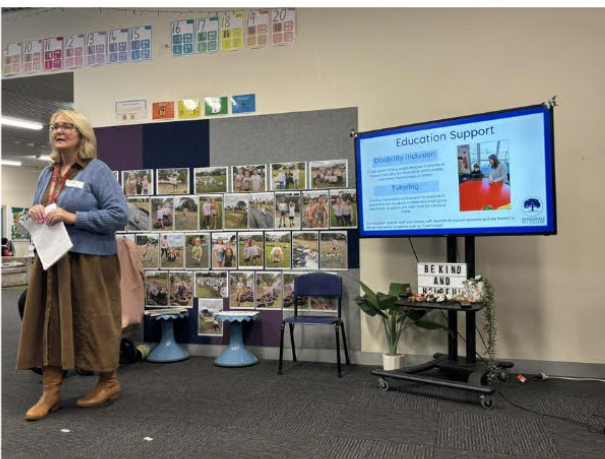


Register here

P-6 Open Night

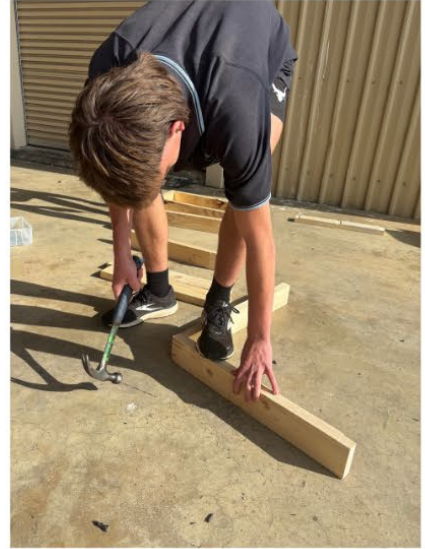
Thank you to all the current and prospective P-6 families for joining us at our P-6 Open Night last week! A big well done to Destinee and Saith for their leadership as Junior School Captains and to Mrs Davey and the P-6 staff for sharing all the great programs on offer at our school 😊





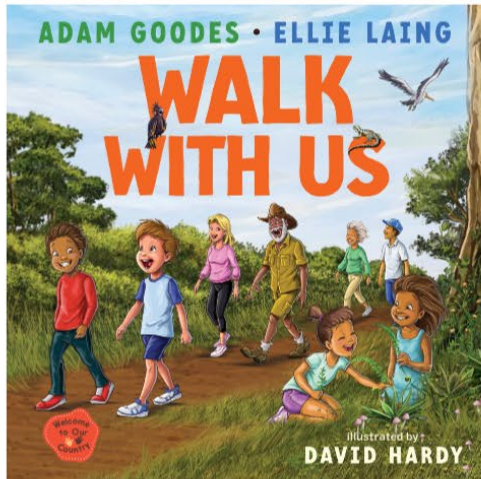
Try a Career Day

Last Friday, the Year 9s spent the morning at South West TAFE Sherwood Park campus, learning about the different study opportunities on offer. They got to learn about and try three different course options with fantastic hands on practical activities for courses like carpentry, agriculture, hair and beauty, community services, art, plumbing, hospitality and more. A big thanks to Mr Gordon for organising!





In the Library



27 May - 3 June is National Reconciliation Week. We have a new display of books in the library and in our library classes the P-5 students enjoyed reading. 'Walk with Us'

We are running a colouring in competition open to primaries and secondaries. There will be a 1st and 2nd prize for each category. Copies of the colouring are available in the library for anyone who would like to participate! Entries close Friday 6 June.

Colouring in Competition

NATIONAL RECONCILIATION WEEK 2025

Bridging
Now to
Next

27 MAY -
3 JUNE

#NRW2025
RECONCILIATION.ORG.AU



#bigfreeze11 #fightmnd

DONATE



SCAN HERE

GOAL

5K

\$586

Date 22nd June & 12-3

Location Hawkesdale
Swimming Pool

Hawkesdale's

**BIG
FREEZE 11**

A FIGHTMND EVENT

LIVE ON
103.7FM

Bazza's Bangers
Radio Show

**HOSTED BY DJ BAZZ
EVERY SUNDAY@7PM**

REQUEST LINE 0413710872

3 WAY FM, COMMUNITY RADIO, WARRNAMBOOL, AUSTRALIA

CARPENTRY

BDJ

ROOFING

Bathrooms
Renovations
Decks
Pergolas / Patios

Re-Roofs
Gutters & Downpipes
Fascia & Eaves
Roof Leaks

Brad | 0409 819 874

JOIN US FOR A NIGHT
OF SUPPORT,
SOLIDARITY, A GOOD
MEAL AND COMARADERIE



RAIN CHECK – A NIGHT FOR THE BLOKES

Tuesday, June 10th
Hawkesdale Hall
6pm to 9pm

*Free meal brought to you by Hawkesdale CWA
*Guest speaker Justin Knorpp “Depression Hates
a Moving Target”

**RSVP June 8th 0427 677 121 or 0400 392 391
by text or call**



Moyne & Warrnambool Youth Advisory Board (YAB) ~

Help shape the future of Warrnambool & Moyne!
Are you aged 16–25 and passionate about making a real impact in your community? The Moyne & Warrnambool Youth Advisory Board (YAB) is your chance to get involved and have your voice heard!

As a YAB member, you'll:

- Get **paid \$35 per hour** to attend 5 meetings per year (in person and online transport assistance also available)
- Develop valuable skills in leadership, governance, and public speaking, while gaining insight into how local government operates. (Perfect for your resume)
- Influence projects in your community
- Make new friends and networks

Are you ready to help build the community you want to see? Click the link to find out more and express your interest now!

Apply here ~ <https://www.moyne.vic.gov.au/.../Youth/Youth-Advisory-Board>

More information available here ~ [Moyne and Warrnambool Youth Advisory Board](#)

APPLICATIONS CLOSE MONDAY 2nd JUNE

Canteen Menu – 2025 term 2

Recess and Lunch

Mini Chicken Wrap -	\$2.20
Chicken Mini Muffin Pizza	\$1.80
Ham, Cheese Mini Muffin Pizza	\$1.80
Ham, Cheese, Pineapple Mini Muffin Pizza	\$1.80
Egg and Bacon Muffin	\$3.00
Hash Browns	\$1.00
Sweet Chilli Chicken Tender	\$1.80
Toastie	\$3.00
Party Pies / Sausage Rolls	\$1.80
Homemade Slices / Muffins / Banana Bread	\$1.80
Homemade Biscuits	\$1.20
Truffles	\$0.60
Banana bread - (gluten free) must be pre-ordered	\$1.80

Lunch Only

Angel Bay Light Beef Burgers with Salad	\$6.00
85gm Canteen Approved Chicken Burger with Salad	\$6.00
Salad Roll or Sandwich with or without Meat	\$6.00
Salad Tubs with or without Meat	\$6.00
Sandwiches - selected fillings eg: egg & lettuce / ham & pickles (must be pre ordered)	\$3.00
Veggie Burger with lettuce, tomato, beetroot, cheese, mayo on a wholemeal roll	\$6.00
Sweet Chilli Chicken Wrap - with lettuce, tomato, mayo and cheese	\$6.00
Chicken Crackles and Wedges	\$4.00
Pastie slab - must be pre-ordered	\$4.50
Meat Pie	

Drinks

Water – 600 ml	\$2.00
Nippy's Milk – 250 ml – Strawberry, Honeycomb, Chocolate, Coffee	\$2.40
Fresha Juice – 250 ml - Apple or Apple & Blackcurrant or Orange	\$2.40
Nippy's Milk – 375 ml – Strawberry, Honeycomb , Chocolate, Coffee, Banana	\$3.50
Fresha Juice – 500 ml - Apple & Blackcurrant or Orange	\$3.50

Frozen Yoghurt or Icy Poles – lunchtime only

Lemonade Icy Poles (gluten free)	\$1.60
Zooper Dooper – Maximum of 2 – Temp must be over 25°C	\$0.50
Dixie Cups (gluten free)	\$2.50
Frozen Yoghurt	\$2.50

Chips

Chips (28 gms) - Honey Soy or Sea Salt or Salt & Vinegar (gluten free)	\$1.40
Snaps (28 gms) (gluten free)	\$1.40

LUNCH TIME SPECIAL

Monday	Hot Dogs Baked Potatoes	\$3.00 \$6.00
Tuesday	Butter Chicken & Rice	\$6.00
Wednesday	Beef pasta Bake	\$6.00
Thursday	Chicken Fried Rice	\$6.00
Friday	Chicken Enchalida	\$6.00

**Dim Sims available at recess on Monday, Wednesday & Friday
\$1.00**