

Are you a current family or have a child starting Foundation in 2026?

You are invited to our open night where you will meet our dedicated and experienced staff, see our amazing school grounds, play spaces and classrooms while participating in some fun learning activities throughout the school.

Thursday 22nd May 2025 @ 5:30pm

with refreshments from 5:10pm in the P-2 building















There has been surge in **gastroenteritis** across our school and community in the last week, with symptoms including fever, headache, nausea, vomiting and abdominal soreness. Even I did not escape this condition and am only just returning to school today – hence this shorter than usual Principal's Report. A reminder to families that gastro can be very infectious, and that the Victorian Dept of Health recommends that any staff or students with gastro symptoms should not attend school until at least 48 hours after symptoms have stopped. I'm hoping that we see less of this illness next week!

I will be presenting the **Annual General Report for 2024** prior to our School Council meeting on Thursday May 15, starting at 4:15pm in the Library. The Annual General Report looks back at the events of 2024, and provide a reflection on the achievements and activities of our school across last year, as well as areas for improvement. Copies of the Annual General Report will be available from the front office on Monday of next week, and I would encourage members of our school community to attend this meeting, with questions most welcome!

A reminder to families that we will be holding our annual **Prep to Year 6 Open Night** on Thursday May 22, starting with refreshments at 5:10pm in the P-2 Building. This is a great opportunity to visit primary classrooms, to learn about what is being taught in classes, and to take part in some hands-on learning activities with your children. These evenings are always lots of fun, and I would encourage families to be involved.

This has been an extremely busy and successful week, with the Mid West Complex interschool athletics sports for secondary students at Brauerander Park on Monday, the Moyne District cross country and interschool soccer day for primary students on Tuesday at Southcombe Park in Port Fairy, the return of the Man Cave program for secondary boys on Wednesday, and the Girls on the Go program happening for secondary girls on the same day. Students were also able to purchase a range of items from the Parents and Friends Mother's Day stall yesterday, and I know that there will be lots of happy mothers, grandmothers and significant adults who will receive these gifts over the weekend. A big thanks to our P&F team for putting together this annual event for our students – your efforts have greatly appreciated!

A big thanks to everyone who purchased a democracy sausage at our Federal Election day bbq on Saturday of last weekend, or who stopped for a chat on the way in or out of the polling station. This was a positive fundraiser for our school, and a good chance to provide a service to our local community; a particular thanks to Megan, Harrison, Charlotte, Mr Ralph (snr), Lai Fong, Carlee, Izzy, Emma, Elise, Darcy and Sophie for making the time to help with this activity.

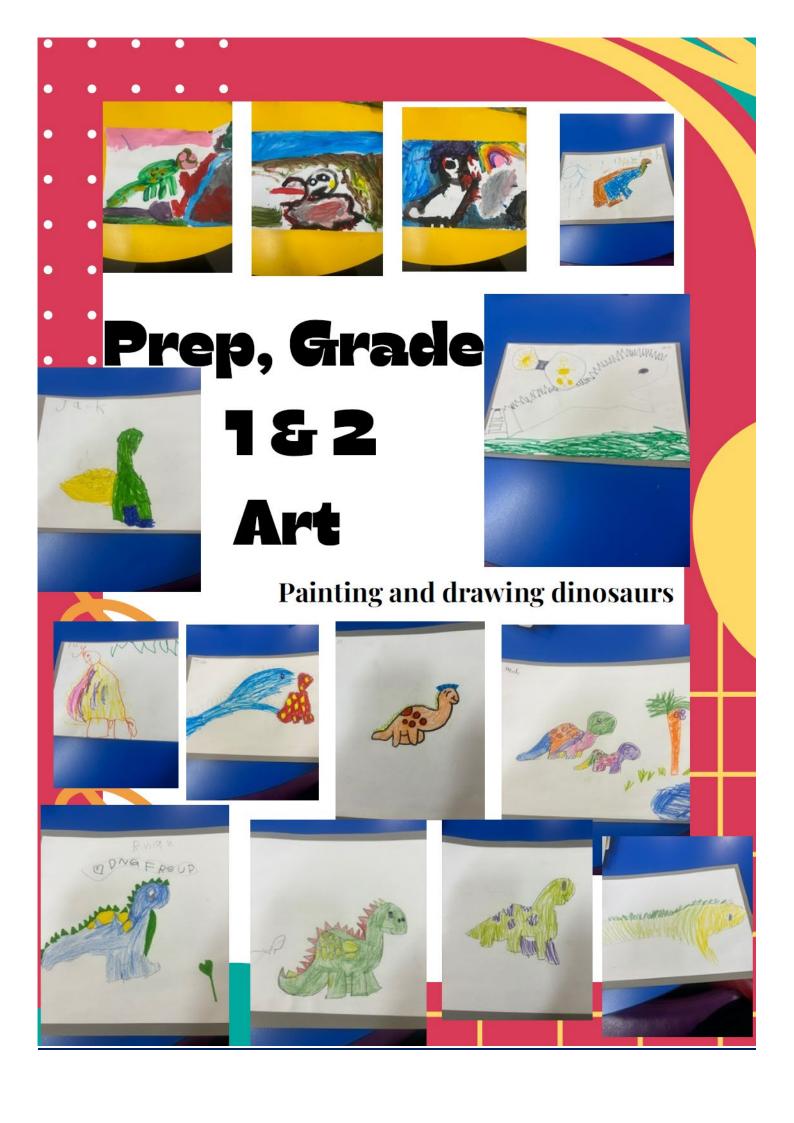
I met with the **Planned Maintenance project** manager and architect this morning to conduct a final walkaround of all the maintenance works that have happened at our school this year, and to identify any defects that will need sorting out before the scope of works can be signed off. The maintenance works carried out have addressed all of the Priority 1 issues identified in an extensive facilities audit last year, and I am pleased with the quality of work that various contractors have contributed to from the end of December to the last school holidays.

A reminder for families of students in Year 3 to 6 that the **TransformUs** study will be starting at our school on Wednesday of next week, when Deakin University researchers supplies students with a wearable fitness tracker that will monitor their physical movement, sleep patterns and at-rest behaviours over the following week. The research study seeks to build a picture about physical fitness and wellbeing in children across SW Victoria and is an important source of data about changes to fitness and wellbeing over time. All Year 3 to 6 students took an opt-out form home with them last week and will need to return the signed and completed form back to their class teachers before May 14 if families wish to opt-out of the study.

Have a great weekend everyone ...

Regards,

Mr Ralph Principal



CROSS COUNTRY

On Tuesday, grade 4, 5 and 6 travelled to Port Fairy to compete in the Moyne Cross Country and soccer day. The cross country was optional and everyone had fun playing soccer.





All off to the next level!



The cross country course was different this year to previous years, it was much more hilly, it was still fun to do though! I ran the course in 13 minutes, which means I came second and now go to the next level. Pirra





It was great going to my fire cross country, it was pretty hilly, I ran 2km's against 21 other kids and I had a great

Hartley.

CROSS COUNTRY

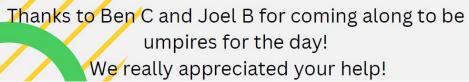














SOCCER







Soccer was cold and wet but awesome! We did some great ball stops, some pretty great steals and big kicks. I had a great day! Destinee

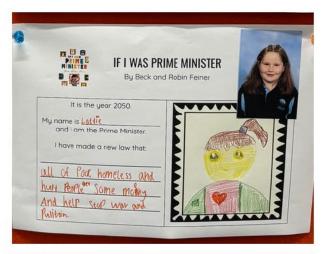
Soccer was cold, wet, muddy, grassy, but it was fun to run around in the rain for a change!

Memphis





In the Library







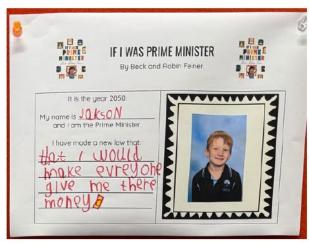


















Tomorrow Man, Tomorrow Women

Brophy would like to invite parents and carers from our school community to an *Evening with the Folks* delivered by <u>Tomorrow Man</u>, Tomorrow Woman.

Join them for an engaging and impactful workshop to have a casual and honest conversation about exploring the impact of gender stereotypes and learning on our young people and the value of deepening connection between families. Come along for this workshop with Tomorrow Man + Tomorrow Woman, have some laughs, and get some practical tools to help you speak honestly and to understand how you can continue to strengthen the relationship between you and your children.

Monday May 12th
Doors open at 6:00PM
Workshop begins at 6:30PM
Emmanuel College, Warrnambool

This FREE Tomorrow Man + Tomorrow Woman event is proudly brought to you by School Focused Youth Services, Brophy and Emmanuel College.

18 years+ (under 18 years supervised)

For more information contact:

workshops@tomorrowman.com.au

This event is free but registration is essential: https://www.tomorrowman.com.au/public-events-calendar/a-night-with-the-folks-of-emmanuel-college

In this weeks newsletter we have included information from the Institute of Child Psychology which outlines **30 phrases that can be used with the Anxious child**. We hope you find this helpful.





In this edition of SchoolTV - SHAPING HEALTHY MASCULINITY

In today's fast-moving world, many boys are struggling to find direction. Even well-meaning online searches about fitness, confidence or relationships can lead them to content that promotes rigid or unhealthy ideas about masculinity. The critically acclaimed TV show 'Adolescence' has brought fresh attention to this issue, highlighting how boys are often exposed to messages that glorify toughness and dominance, while dismissing empathy and emotional openness.

These outdated beliefs can limit emotional growth and impact how boys relate to others - with real consequences in schools, homes and communities. That's why it's more important than ever to guide boys with care, clarity and connection.

By offering healthier role models, safe spaces to talk, and encouraging respectful friendships especially across genders - we can help boys develop the confidence, empathy and relationship skills they need to thrive.

This special report calls for a cultural shift and advocates for curiosity-driven dialogue that builds trust and critical thinking. The goal is to raise boys who are not just resistant to harmful influences, but actively capable of questioning and rejecting them.

Here is the link to your Special Report https://hawkesdalecol.vic.schooltv.me/ wellbeing news/special-report-shaping-healthy-masculinity-au





Hawkesdale P12 college Parents & Friends Matheway Day Ctall

Mother's Day Stall

The annual Mother's Day stall was on yesterday and students enjoyed selecting a gift for their mum, gran or other special person.

Thank you so much to everyone who donated gifts to the stall. We had lots of beautiful items on sale including pens, keyrings and dream catchers very kindly made and donated by Jodie.

We hope everyone enjoys opening their lovely gifts.





Mothers & Others Celebration...



Thank you to everyone who came along last night. It was wonderful to see so many women who live or work within this community.

The food was outstanding and Jodie did an amazing job. She also supplied each of the attendees with a beautiful gift. Thank you Jodie for making the night even more special and for your generosity.

The flower arranging was great fun and very informative. Thank you to Anne and Kat for passing on their knowledge. The flowers were lovely and thank you so much to the ladies who donated those.

The P&F committee would like to thank everyone who came along and to the members who put this night together. Thank you to the CWA for their involvement.

KINDERGARTEN OPEN DAY

Hawkesdale Kindergarten







HOST AN EXCHANGE STUDENT!

Hosting a high school student gives Australian families the opportunity to share their life and culture with young people from around the world.

WEP host families are unpaid volunteers*, are welcoming and excited about new experiences.

Many students miss their Aussie family terribly when they return home. But don't fret, many hosts visit their student overseas to meet their own families!

Imagine:

- Learning about a new culture without the stress of travel
- Being part of a young person's lifechanging exchange experience
- Re-discovering the local area through the eyes of an overseas visitor
- Watching your student adopt Aussie slang!



*as per Government regulations













03 9598 4733 | hostastudent.org.au | @wepaustralia



HAWKESDALE P12 COLLEGE



Canteen Menu - 2025 term 2

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Recess and Lunch						
Mini Chicken Wrap -	\$2.20					
Chicken Mini Muffin Pizza	\$1.80					
Ham, Cheese Mini Muffin Pizza	\$1.80					
Ham, Cheese, Pineapple Mini Muffin Pizza	\$1.80					
Egg and Bacon Muffin	\$3.00					
Hash Browns	\$1.00					
Sweet Chilli Chicken Tender	\$1.80					
Toastie	\$3.00					
Party Pies / Sausage Rolls	\$1.80					
Homemade Slices / Muffins / Banana Bread	\$1.80					
Homemade Biscuits	\$1.20					
Truffles	\$0.60					
Banana bread - (gluten free) must be pre-ordered	\$1.80					
Lunch Only						
Angel Bay Light Beef Burgers with Salad	\$6.00					
85gm Canteen Approved Chicken Burger with Salad	\$6.00					
Salad Roll or Sandwich with or without Meat	\$6.00					
Salad Tubs with or without Meat	\$6.00					
Sandwiches - selected fillings eg: egg & lettuce / ham & pickles (must be pre ordered)	\$3.00					
Vegie Burger with lettuce, tomato, beetroot, cheese, mayo on a wholemeal roll	\$6.00					
Sweet Chilli Chicken Wrap - with lettuce, tomato, mayo and cheese	\$6.00					
Chicken Crackles and Wedges	\$4.00					
Pastie slab - must be pre-ordered Meat Pie	\$4.50					

Drinks

Water – 600 ml	\$2.00
Nippy's Milk – 250 ml – Strawberry, Honeycomb, Chocolate, Coffee	\$2.40
Fresha Juice – 250 ml - Apple or Apple & Blackcurrant or Orange	\$2.40
Nippy's Milk – 375 ml – Strawberry, Honeycomb, Chocolate, Coffee, Banana	\$3.50
Fresha Juice – 500 ml - Apple & Blackcurrant or Orange	\$3.50
Frozen Yoghurt or Icy Poles – lunchtime only	
Lemonade Icy Poles (gluten free)	\$1.60
Zooper Dooper – Maximum of 2 – Temp must be over 25°C	\$0.50
Dixie Cups (gluten free)	\$2.50
Frozen Yoghurt	\$2.50
Chips	
Chips (28 gms) - Honey Soy or Sea Salt or Salt & Vinegar (gluten free)	\$1.40
Snaps (28 gms) (gluten free)	\$1.40



Monday	Hot Dogs Baked Potatoes	\$3.00 \$6.00	
Tuesday	Butter Chicken & Rice	\$6.00	
Wednesday	Beef pasta Bake	\$6.00	
Thursday	Chicken Fried Rice	\$6.00	
Friday	Chicken Enchalida	\$6.00	

Dim Sims available at recess on Monday, Wednesday & Friday \$1.00