



Newsletter Report 2nd May 2025

I was pleased to welcome **Mr Webster** into our school community at the beginning of this term. Mr Webster is our new Assistant Principal and has spent the past few weeks getting to know students, staff and families. His role is directly tied to our ongoing school improvement goals, and Mr Webster will be an important part of the work that will be doing together over the next few years. I am looking forward to working with Mr Webster this term and beyond!

A big congratulations to Audrey, who won the Danny Boy a capella singing competition at the Koroit Irish Festival last weekend. This is a huge singing achievement and follows on from her a capella rendition of Great Southern Land in our College production of the Twelfth Night during term three of last year. Well done, Audrey!

The **Hawkesdale community ANZAC Day** commemoration was held at the Memorial Hall this time last week, with a range of students speaking and representing our school – well done to Lillian, Aiden, Sahara, Charlotte, Audrey, Bailey, Grace and Sophie, and to Mr. Webster for taking part as well. A big thanks also to Frank Huglin for his annual organization of this important event for the Hawkesdale community, and for the ongoing support of HADDAC of our community ANZAC Day. Hawkesdale students also represented our school at other commemorations across the district, including Aden at the Koroit dawn service – thank you. Our vocational VCE students conducted an excellent College ANZAC commemoration in the Stadium on Wednesday of last week, and I was impressed with the smooth and meaningful way in which this event unfolded. It is always moving to observe students laying flowers on the Australian flag, and this had become a distinct tradition at our school over the past decade.



A big thanks to our hardworking Parents and Friends team for their fundraising efforts at the annual Hawkesdale Campdraft over the school holidays. Many parents and staff worked together to provide canteen catering for this event, and it was very enjoyable watching riders chasing after cattle on horseback while serving up food for competitors and spectators.

Our Year 3 to 6 students were visited by a Deakin University researcher this week and heard about the TransformUs study that is taking place in a range of district primary schools this term. Students will wear fitness trackers to monitor their physical movement, sleep patterns and at-rest behaviours over a week in mid-May, and will take part in surveys about nutrition and wellbeing. The research study seeks to build a picture about physical fitness and wellbeing in children across SW Victoria and is an important source of data about changes to fitness and wellbeing over time. All Year 3 to 6 students took an opt-out form home with them earlier this week and will need to return the signed and completed form back to their class teachers before 14th May, if families wish to opt-out of the study. A letter from TransformUs about the intent and scope of this study is also included in this newsletter.

Year 11 and 12 VCE students who are studying Business Management, Australian History and Health and Human Development spent Monday to Wednesday in Melbourne this week, taking part in a series of hands-on learning activities that will broaden their content knowledge of subject outcomes.

Activities included an education workshop with the Salvation Army, a tour of the NAB Queen St branch, examining the HoMIE gifted clothing social enterprise project in Fitzroy, touring Yakult and YoCHI yoghurt-making businesses, a guided taxi tour of the Port of Melbourne, plus an education session at the Old Treasury Building and visits to the Immigration Museum, Melbourne Museum and RMIT University. Staff received excellent feedback about the attentiveness and engagement of our students; a big thanks to Mrs White, Ms Cakebread, Mr Blackburn and our student teacher Rachel for attending and looking after our senior students so well.

Our school will be used as an AEC polling site on Saturday 3rd May, with Federal Election voting taking place in Room 01 – our main science classroom. The polling center will open at 8am and will close at 6pm. Our school is holding a democracy sausage sizzle at the front of the school on polling day, from 10am to 4pm; this is a fundraising activity for our school, with parents, staff and students running the sausage sizzle, and with all funds raised going towards the purchase of new playground equipment into the future. A Coffee With The Girls van will also be on-site at school for the day, selling hot drinks, milkshakes and snacks. What an opportunity this is to cast your vote, buy a sausage or a coffee, and to catch up with local residents that you might not have seen in a while!

Our school is committed to providing a child-safe and child-friendly environment where students are safe and feel safe, and has in place a range of policies that adhere to national Child Safe Standards. These child safety and wellbeing policies outline the measures and strategies we have in place to support, promote and maintain the safety and wellbeing of our students, and include a:

- Bullying Prevention Policy
- Child Safety and Wellbeing Policy
- Child Safety Code of Conduct
- Child Safety Responding and Reporting Obligations Policy and Procedure
- Complaints Policy
- Student Wellbeing and Engagement Policy
- Volunteers Policy
- Visitors Policy

Our child safety and wellbeing policies are available from myself or Office staff upon request, and are published on our College website under the Our School tab. As valuable partners in promoting and maintaining child safety and wellbeing at Hawkesdale P12 College we welcome and encourage your feedback. If you have any suggestions, comments or questions in relation to our Child Safe policies and practices, please contact me on hawkesdale.p12@education.vic.gov.au or 55607225.

A final reminder that **our College Office hours are 8.25am to 4:30pm on Mondays to Thursdays, and 8.25am to 4pm on Fridays.** Office staff will be available between these hours to take phone calls, answer hawkesdale.p12@education.vic.gov.au email enquiries, and to generally support families who visit our school for a range of reasons. A telephone messaging service operates outside of these hours, and office staff will address recorded messages once they are at school during their normal working hours.

Have a great weekend everyone!

Mr Ralph
Principal

There have been a number of reported cases of gastroenteritis symptoms across the school. Can we please ask that if students experience gastro like symptoms that they stay away from school

and others while they are unwell. It is recommended that students and staff remain at home for between 24 and 48 hours after symptoms have stopped.



GRADE 6 HOODIES HAVE ARRIVED!



INDIGENOUS ART WORK DESIGNED BY DESTINEE KELLY,
SHOWING THE JOURNEY FROM PREP TO GRADE 6, THE
ANCESTORS WHO ATTENDED THE SCHOOL AND THE
PEOPLE YOU MEET ALONG THE WAY.

DO IT FOR *Dolly* DAY

Dolly's Dream was established to honour the life of Dolly Everett, a young girl whose life was tragically cut short due to bullying. Dolly's Dream aims to create positive change by promoting kindness, respect, and inclusion. It is a reminder that our actions can have a significant impact on the lives of others.

Student Voice organised a special day for the last day of term to honour the memory of Dolly and to promote kindness and prevent bullying in our school community.

We started off the day with a student led assembly where Student Voice class reps and members reflected on bullying and how much it can impact someone's life and spoke about the importance of kindness. It was fantastic to see students taking on the challenge of public speaking, and sharing messages from the heart. We loved seeing the primaries up on stage singing the Dolly Day song 'Speak up' by Tom Curtain which encourages everyone to "Speak up even if your voice shakes!"

A big thanks to P&F for organising another successful Easter raffle raising over **\$1000** towards new playground equipment! There was much excitement over picking out the winning tickets and the Easter Bunny made an appearance too.



At recess, students were treated to blue heaven milkshakes and adults enjoyed some blue coffees care of the wonderful Hawkesdale alumni, Monty, from Coffee with the Girls.

Meanwhile, Student Voice reps were busy doing interviews with the Hamilton Spectator and FitzMedia, with our very own Trav behind the camera..

After recess, it was time for the main event of the day!! The colour run!!

Students completed lots of fun obstacles like climbing over hay bales, the slip and slide, hurdles and more, all while being doused from head to toe in a different coloured powders by staff and parent helpers!! We started in crisp white T-shirts at the starting line and finished the race plastered in colour!

It's been a few years since we hosted a colour run at school, so it was great to see this fabulous event back for 2025. There were lots of happy kids with some completing the course 5, 6, 7 even 8 times!!

A big thank you to our supporters! Lucas Brothers in Warrnambool donated a whopping 300 sausages, Cobbs Bakery in Port Fairy donated 22 loaves of bread, Coles Hamilton donated a \$50 voucher which we used to purchase BBQ supplies and Woolworths Dennington donated sauce.

Huge thanks to Luke Lane from Koroit who loaned the hay bales and the Dell family for loaning tractor and setting up the hay for the Colour Run. Also to Caroline McRae and the P&F volunteers for running the BBQ raising funds for Dolly's dream.

A big thanks to Mr Gordon and all of the SV team, Vocational Students and others for working together to make this mammoth event possible from sourcing obstacles, to set up and more!!



#SPEAKEVENIFYOURVOICESHAKES❤️



Thank you Hawkesdale!!

Student Voice would like to say a massive thank you to our school community for coming together to raise a grand total of \$2,701.30 for our World Epilepsy Day fundraiser last term.



We held a dress up day and cake stall, raising funds for Shelby's Epilepsy monitor that will help her family keep track of when the seizures are occurring. We raised nearly enough to cover the cost!

A big well done and thank you to the Student Voice team and everyone who helped out to make the fundraiser a success, and to everyone who donated and bought a cupcake or a jelly cup - without you we wouldn't have been able to make this happen!

Shelby and her mum Kristy did an interview with The Warrnambool Standard about Shelby's epilepsy journey which you can find linked on our website!



The NightWatch Seizure Monitor

★★★★★

\$2,755.00

Add to cart

Assistant Principal Update

We are very happy to announce that Mr Paul Webster has been appointed Assistant Principal of our school.



Mr Webster joins our school after recently working in Warrnambool and Horsham schools. He is a secondary Humanities teacher and has lots of experience working with the VCE Vocational Major and instructional and curriculum leadership.

A big thank you to Mrs Butters who has been the Acting Assistant Principal and Mrs Dart who has been the Acting Learning Specialist over the last two years. With Mr Webster's appointment, they will be able to focus on their usual roles as Disability and Inclusion Leader and Mental Health Leader.

Get to know Mr Webster

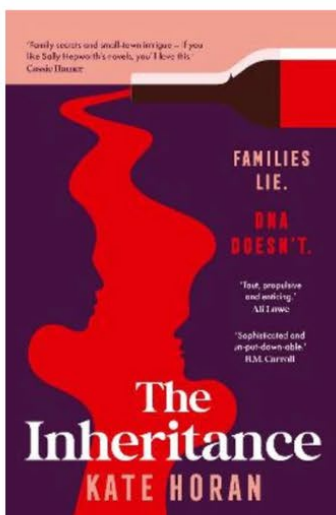
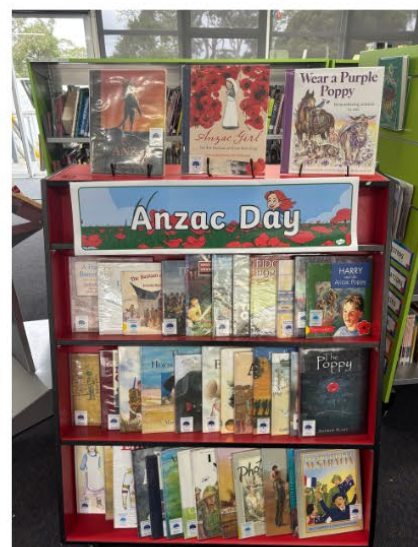
"Hello! My name is Paul, and I'm really excited to be joining the team at Hawkesdale P12 College this year. I grew up locally in Mortlake and spent 15 years owning and operating hotels in inner-city Melbourne before transitioning into education in 2016.

I began my teaching career in Horsham, where I led vocational education programs for several years. Most recently, I was at Warrnambool College, managing careers and vocational programs. My family and I (my wife and two daughters) relocated back to the district a couple of years ago to be closer to extended family, and we're loving the change of pace living at Tower Hill.

I'm especially enjoying working in a P-12 setting and being part of a close-knit and super supportive school community. Outside of work, I enjoy spending time outdoors—camping, surfing, playing tennis, and spending time with my family."



Library News



Hawkesdale Community Book Club

A reminder that the Hawkesdale Community Book Club will be meeting next Tuesday, 6 May from 5-6pm in the college library. We will discuss *The Inheritance* by Kate Horan. New members are welcome! Join here:



Wellbeing Space

Meet the Wellbeing Team



Tracy Crispe
Secondary
School Nurse



Felicity Lowery
School Chaplain



Cindy Jenkinson-Clarke
Mental Health Practitioner



Carlee Dart
Mental health &
Wellbeing Leader



John Ralph
Principal



Paul Webster
Assistant
Principal



Trish Butters
Disability Inclusion
Leader


At our school, student wellbeing is at the heart of everything that we do. To speak to someone in Wellbeing, please get in touch with your young person's classroom teacher, their Year Level Coordinator or call to speak with Carlee Dart, Felicity Lowery or Tracy Crispe directly.

In this weeks newsletter we have included some information from the Institute of Child Psychology which outlines **30 phrases that can be used with the Anxious child**. We have also included reminders about the **Mental Health Roadshow** which is on Monday night in Warrnambool. Many of our staff are attending the educators session in the late afternoon and it is expected to be a valuable session.

This week the year 8,9,10 boys will have another day with **The Man Cave** and the girls will be visited by **Kirrae Health** and **Mindful Australia** (see flyer). We also have The **Pat Cronin Foundation** coming to speak with year 9,10 and Vocational Students.


This
Monday!

Wellbeing Space

 Wellbeing for School Communities

2025 Youth Mental Health Roadshow

Featuring Dr. Michael Carr-Gregg



Monday 5 May, 2025


Parent & Carer Information Evening

7 pm – 8 pm

The Lighthouse Theatre
185 Timor St, Warrnambool

Suitable for: Parents, grandparents and caregivers supporting school aged young people.

FREE EVENT
Registration is essential.






Join Dr Michael Carr-Gregg, one of Australia's leading child and adolescent psychologists, for a presentation on youth mental health. His invaluable insights will equip parents and caregivers with practical strategies to support youth wellbeing build resilience, and navigate the challenges young people face today.

Topics will include:

- Nurturing growth and development
- The stages of adolescence
- Understanding key milestones
- Tips for effective communication
- Tips for thriving in school
- Strategies to help with anxiety
- Building resilience
- Trauma and recovery

Proudly supported by:



Have you explored SchoolTV?

Did you know that we have implemented SchoolTV at our school to help support you with the challenges of modern day parenting relating to mental health and wellbeing? You will regularly find information in the newsletter about SchoolTV but you can also go to the website and explore yourself. Here is the link to our SchoolTV page for you to explore:

<https://hawkesdalecol.vic.schooltv.me/>



SchoolTV



SchoolTV

In this edition of SchoolTV - NEURODIVERSITY

Neurodiversity emphasises the natural variation in how an individual's brain functions and how they perceive and interact with the world, leading to diverse ways of learning and communicating. While most young people are neurotypical, some exhibit variations in brain development, such as ADHD, autism or dyslexia, making them neurodivergent.

Embracing neurodiversity involves accepting, celebrating, and supporting neurodivergent children and adolescents without attempting to change or treat their differences. Using respectful language, challenging unhelpful attitudes, avoiding assumptions, and actively promoting inclusivity can help embrace neurodiversity effectively.

Acknowledging the unique ways neurodiverse young people do things and then adapting tasks and activities to ensure their full participation will encourage them to develop strategies that feel natural to them. It will help improve their mental health, wellbeing and sense of self. By recognising and nurturing their strengths, parents and caregivers can contribute to building an inclusive and compassionate society where all young people can thrive.

Learning more about neurodiversity, equips caregivers with insights into effective communication techniques, educational strategies, and parenting approaches tailored to the specific needs of their neurodivergent child.

We hope you take time to reflect on the information offered in this edition of SchoolTV and we always welcome your feedback. If you have any concerns about your child, please contact the school wellbeing team for further information or seek medical or professional help.

Here is the link to the **Neurodiversity** edition of SchoolTV

<https://hawkesdalecol.vic.schooltv.me/newsletter/neurodiversity>



2025 TransformUs Wellbeing Primary School Health Behaviours Monitoring Study Deakin University

Dear Parent/Guardian,

The TransformUs Wellbeing Primary School Health Behaviours Monitoring Study is an exciting study that is being conducted at your school. All Grade 3, Grade 4, Grade 5 and Grade 6 students at your school are being invited to participate. This study will examine influences on key health behaviours (including physical activity, sedentary behaviour, diet quality, sleep and wellbeing) among children across the Warrnambool, Moyne and Corangamite region of Victoria. We ask that you please read the information carefully, so that you can make an informed decision about your child's participation. We ask that you **only return the OPT-OUT recruitment form should you and or your child decide NOT TO participate**. We are using an OPT-OUT recruitment process whereby your child's participation in this study is assumed unless you indicate via the return of the signed OPT-OUT recruitment form that you do not wish for your child to participate.

If you and your child agree to participate, we would like your child to complete the following activities:

- Wear an activity monitor (accelerometer like a Fitbit) on their wrist for 7-days. They will need to return this monitor to school at the end of the 7 days (**Grades 3, 4, 5 & 6**).
- Complete a brief physical activity, sedentary behaviour, food intake, sleep and wellbeing questionnaire (**Grade 4, Grade 5 and Grade 6 only**).

All activities will be conducted throughout a normal school day, in school time. All data collection procedures have been developed in accordance with current COVID-19 safety protocols instituted by both Deakin University, the Victorian Department of Education and in line with current Government advice.

All information obtained in connection with this research that can identify your child will remain confidential. Your child's data will be made anonymous during analyses, and therefore your child will not be identified in any report, publication or presentation.

Results of this study will provide information about effectiveness of current efforts to improve the health of Victorian children and adolescents. Specifically, this information may be used by local health promotion units, educators, policy makers and researchers in current and future efforts to improve the health of Victorian children and adolescents in the Warrnambool, Moyne and Corangamite regions. This study is funded by VicHealth.

This study has received Deakin University ethics approval (DU-HREC 2023-361).

If you require further information or have any problems or concerns regarding this research, you can contact Claudia Strugnell.

With warm regards,

Claudia Strugnell

Senior Research Fellow

Geelong Waterfront Campus

Deakin University

Global Centre for Preventive Health and Nutrition

Locked Bag 20000,

Geelong Vic, 3220

PH: (03) 5227 8483

claudia.strugnell@deakin.edu.au

E-scooter Road Rules

Tougher penalties as e-scooters are made permanent.

e-scooter riders cannot

- Ride on the footpath
- Use a mobile phone while riding
- Ride while under the influence of drugs or alcohol
- Carry passengers or animals or ride in tandem
- Ride a high-speed e-scooter, one capable of more than 25 km/h
- Ride on roads that have a speed limit over 60 km/h

e-scooter riders must

- Be aged 16 years and over
- Not exceed the maximum speed of 20 km/h
- Ride only on shared paths and roads that have a speed limit up to 60 km/h
- Wear a helmet at all times
- Follow traffic rules
- Use lights and reflectors



Scan the QR code to learn more

For more information (including community language translations)
transport.vic.gov.au/Road-rules-and-safety/E-scooter-road-rules



Department
of Transport
and Planning





GPG
Naturgy Group

**HAWKESDALE &
RYAN CORNER**

wind farms

An illustration of a person in a yellow shirt and blue pants standing on a white hill, holding a large white wind turbine blade. In the background, there are several white wind turbines on a green hill under a blue sky.

Ryan Corner Community Benefit Fund

Applications open April 28, 2025

Eligibility and further information at
https://ryancornerwindfarm.globalpower-generation.com.au/sustainability/community/#calls_for_applications
ryancornerwindfarm@globalpower-generation.com.au

Hawkesdale Community Benefit Fund

Applications open May 5, 2025

Eligibility and further information at
<https://hawkesdalewindfarm.globalpower-generation.com.au/sustainability/community/hawkesdalewindfarm@globalpower-generation.com.au>

Contact for more information:
0428 867 646

Canteen Menu – 2025 term 2

Recess and Lunch

Mini Chicken Wrap -	\$2.20
Chicken Mini Muffin Pizza	\$1.80
Ham, Cheese Mini Muffin Pizza	\$1.80
Ham, Cheese, Pineapple Mini Muffin Pizza	\$1.80
Egg and Bacon Muffin	\$3.00
Hash Browns	\$1.00
Sweet Chilli Chicken Tender	\$1.80
Toastie	\$3.00
Party Pies / Sausage Rolls	\$1.80
Homemade Slices / Muffins / Banana Bread	\$1.80
Homemade Biscuits	\$1.20
Truffles	\$0.60
Banana bread - (gluten free) must be pre-ordered	\$1.80

Lunch Only

Angel Bay Light Beef Burgers with Salad	\$6.00
85gm Canteen Approved Chicken Burger with Salad	\$6.00
Salad Roll or Sandwich with or without Meat	\$6.00
Salad Tubs with or without Meat	\$6.00
Sandwiches - selected fillings eg: egg & lettuce / ham & pickles (must be pre ordered)	\$3.00
Vegie Burger with lettuce, tomato, beetroot, cheese, mayo on a wholemeal roll	\$6.00
Sweet Chilli Chicken Wrap - with lettuce, tomato, mayo and cheese	\$6.00
Chicken Crackles and Wedges	\$4.00
Pastie slab - must be pre-ordered	\$4.50
Meat Pie	

Drinks

Water – 600 ml	\$2.00
Nippy's Milk – 250 ml – Strawberry, Honeycomb, Chocolate, Coffee	\$2.40
Fresha Juice – 250 ml - Apple or Apple & Blackcurrant or Orange	\$2.40
Nippy's Milk – 375 ml – Strawberry, Honeycomb , Chocolate, Coffee, Banana	\$3.50
Fresha Juice – 500 ml - Apple & Blackcurrant or Orange	\$3.50

Frozen Yoghurt or Icy Poles – lunchtime only

Lemonade Icy Poles (gluten free)	\$1.60
Zooper Dooper – Maximum of 2 – Temp must be over 25°C	\$0.50
Dixie Cups (gluten free)	\$2.50
Frozen Yoghurt	\$2.50

Chips

Chips (28 gms) - Honey Soy or Sea Salt or Salt & Vinegar (gluten free)	\$1.40
Snaps (28 gms) (gluten free)	\$1.40

LUNCH TIME SPECIAL

Monday	Hot Dogs Baked Potatoes	\$3.00 \$6.00
Tuesday	Butter Chicken & Rice	\$6.00
Wednesday	Beef pasta Bake	\$6.00
Thursday	Chicken Fried Rice	\$6.00
Friday	Chicken Enchalida	\$6.00

**Dim Sims available at recess on Monday, Wednesday & Friday
\$1.00**